

Peoples Biodiversity Register (PBR):General Details

Name of Panchayat Samiti				Janakpur			
Block				Dachhan			
District				Kishtwar			
State/UT				J&K			
Geographical Area of the Panchayat Samiti				Hilli & Terrain			
Population of the Panchayat Samiti Total				1871			
Male	986		Female	885			
Habitat & Topography							
Climate (Rainfall, Temperature & other weather Patterns):-Moderate Rain fall/upto 35 in summer & -5 degree in winter.							
Land Use (Nine fold Classification available with village records)							
Date , Month and Year of PBR preparation				18.08.2020			
Management Regime:ReserveForests (RF)/Joint Forest Management (JFM) Protected Areas							
(PA)/Community Owned and Managed Forest(COM)							

Annexure 1

Detail of Biodiversity Management Committee (BMC) of the Panchayat (one elected Chairperson) and Six others nominated by the local body; not less than one third to be women and not less than 18% belonging to Sc/ST)

1) Name of the Chairperson:	Des Raj S/o Sunoo Ram						
Age:	75 years						
Gender:	Male						
Area of Specialization :	Agriculture						
2) Name :	Beena Devi W/o Ram Krishan						
Age:	35 years						
Gender:	Female						
Area of Specialization :	Social Activist						
3) Name :	Mubeena Begum W/o Mohd Iqbal						
Age:	38 Year						
Gender:	Female						
Area of Specialization :	Women Activist						
4) Name :	Mohd Irfan S/o Gh. Mohd						
Age:	30 years						
Gender:	Male						
Area of Specialization :	Agriculture						
5) Name :	Sumitt Kumar S/o Roshan Lal						
Age:	40 years						
Gender:	Male						
Area of Specialization :	Agriculture						
6) Name :	Javed Ahmed S/o Mohd. Amin Sheikh						
Age:	32 years						
Gender:	Male						
Area of Specialization :	Agriculture						
7) Name :	Puran Chand S/o Gokal Chand						
Age:	39 years						
Gender:	Male						

Area of Specialization :	Agriculture/Social Activist
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Annexue 2

List of Vaid.Hakims and tradational health care (human & Livestock) Practitioners residing and or using biological resources occuring within the juridication of the village

Name:							
Age:							
Gender:							
Address							
Area of Specialization :							
Location from which the Person accesses biological material:							
Perceptiion of the Practioner on the resources Status:							
Medicinal Use:							
Name:							
Age:							
Gender:							
Address							
Area of Specialization :							
Location from which the Person accesses biological material:							
Perceptiion of the Practioner on the resources Status:							
Medicinal Use:							
Name:							
Age:							
Gender:							
Address							
Area of Specialization :							
Location from which the Person accesses biological material:							
Perceptiion of the Practioner on the resources Status:							
Medicinal Use:							

Annexure 3

List of individuals Perceived by the villagers to possess Traditional Knowledge ((TK) related to biodiversity in agriculture, Fishries. and Forestry							
Name:			Ashok Kumar S/o Mohan Lal				
Age:			50 Years				
Gender:			Male				
Address			Janakpur				
Area of Specialization :			Forestry				
Name:			Krishan S/o Bhabi Chand				
Age:			65 Years				
Gender:			Male				
Address			Janakpur				
Area of Specialization :			Agriculture				
Name:			Mohd Yousaf S/o Ab. Rasheed				
Age:			45 Years				
Gender:			Male				
Address			Janakpur				
Area of Specialization :			Agriculture & Forestry				
Name:			Irshad Ahmed S/o Gh. Mohd. Wani				
Age:			41 years				
Gender:			Male				
Address			Resri Janakpur				
Area of Specialization :			Agriculture				

Annexure 4

Detail of Schools, Colleges, departments, Universities, Govt. Institutions, No-Governmental Organization & Individuals Involved in the Preparation of PBR

1) Contact Person :	Sanjay Kumar S/ Sham lal
Name & Address:	Janakpur
2) Contact Person :	Parveez Ahmad S/o Gh. Mohd. Rather
Name & Address:	Janakpur
3) Contact Person :	Lekh Raj S/o Sonu Ram
Name & Address:	Janakpur
4) Contact Person :	
Name & Address:	

Part-11

PBR- FORMATS

AGROBIODIVERSITY

Format 1: Crop Plant

1	2	3	4	5	6	7		8	9	10	11	12	13	14
Crop	Scientific Name	Local Name	Variety	Landscape/Habitat	Approx.area shown	Local Status		Special Features	Cropping season	Uses	Associated TK	Other Details	Soucr of seeds/Plants	Community Knowledge Holder
						Past	Present							
Maize	<i>Zea mays</i>	Kookri	Local, Pro-Agro, Kanchan	Hilly Temprate & intermediate	82 Ha	Only Local varieties	Improved Varities	Used as flour	Kharief	Food & Fodder feeding to Poultry & Cattle	Sown in Month of April-May		Farmers stored seed(Households kept sseeds) Deptt. Of Agriculture Private Seed dealers	Generally aged-Farmers Communicates
Wheat	<i>aestivsum iriticum</i>	Kanak, Gundum	Local, Desi Raj,PBW	Hilly Temprate & intermediate	60 Ha	Only Local varieties	Improved Varities	Used as flour	Rabi	Food & Fodder (staple food) grains used as food Straw used as dry fodder	Sown in Month of April-May		Seed related from Previous years crop,Deptt of Agriculture	Local Farming C0mmunities
Barley	<i>Hordeum vulgare</i>	Joo/Woer	Local Barley	Hilly Temprate & intermediate	03 Ha	Only Local varieties	Improved Varities	Used as flour	Rabi	Grains used as floor but mainly used as cattle feed & green crop used as fodder	Sown in Month of Oct-Nov	Used for making local Drink during summer	Seeds saved from previous year crop	Generally aged-Farmers Communicates
Rajmash	<i>Phaseolous vulgaris</i>	Razma	Local Variety, Vespa	Hilly Temprate & intermediate	05 Ha	Only Local varieties	Improved Varities	Used as pulses	Kharief	Pod used as Vegetables & grain/ used as Pulses	Every village has its own local Strain (Local Variety)	Mixed cropping with Maize	Seeds saved from previous year crop	Local Farming C0mmunities
Mash	<i>Vigna mungo</i>	Kali Dall/Maah	Local, PU-19, PU-31	Hilly Temprate & intermediate	04 Ha	Only Local varieties	Improved Varities	Used as pulses	Kharief	Used as Pulses in diet	Sown in Month of April-May	Local Varties has disyinct taste	Seeds saved from previous year crop	Local Farming C0mmunities
Lentil	<i>Lens eculenta</i>	Masoor Dal	Shekheri, Local/Desi	Hilly Temprate & intermediate	08 Ha	Only Local varieties	Improved Varities	Used as pulses	Rabi	Used as Pulses in diet	Sown in Month of Oct-Nov	Local Varties has disyinct taste	Seeds saved from previous year crop	Local Farming C0mmunities

FORMAT-2 FRUIT PLANTS

Plant Name	Scientific Name	Local Name	Variety	Landscape / Habitat	Local Status		Source Seed	Season of Fruiting	Associated TK	Uses	Other details market/own use	Community / Knowledge
					Past	Present	Plant					
Plum	Prunus Subg	Aalu Bukhara	Santa Rosa, Kala Amritsari, Local	Mountainous and sloppy	Rare	Available	Local Preserved	May- June	Edible Fruits	Own use	Own use	Sewa ram
Quince	Cydonia oblonga	Local	Beehi	Mountainous and sloppy		Available	Local Preserved	May- June	Edible Fruits	Own use	Own use	Dwarka Nath
Pomeg-ranate	Punica granatum	Anar	Local wild , Ganesh , Kandhari	Mountainous and sloppy	Rare	Available	Local Preserved	May- June	Edible Fruits	Own use	Own use	Ramesh Kumar
Grapes	Vitis vinifera	Angoor	Local wild ,Perlette	Mountainous and sloppy	Rare	Available	Local Preserved	May- June	Edible Fruits	Own use	Own use	Govind Ram

Format 3: Fodder Crops/Species

1	2	3	4	5		6	7	8	9	10
Plants	Scientific Name	Local Name	Landscape/ Habitat	Local Status		Sources of seeds/Plants	Associated TK	Part Used	Other Details	Community Knowledge Holder
				Past	Present					
Oats	Avena Sativa	Lavaan	Temprate & intermediate	Local Varieties	Improved Varieties	Seeds saved from previous year crop, Deptt of Agriculture	Sored in locally made idigenious structure called tye	Grains used as for seeds purpose and also used as fodder	Above ground portion	farmers
Jawar	Sorgum Species	Ghass	Temprate & intermediate	Local Varieties	Improved Varieties	Seeds saved from previous year crop, Deptt of Agriculture	Two to three cuts followed by application of Urea	Above Ground Portion	Above ground portion	Farmers

Format 4: Weeds

1	2	3	4	5	6	7		8	9	10	11	12
Plant	Scientific Name	Local Name	Affected Crop	Impact	Landscape/ Habitat	Local Status		Uses if any	Management Options	Associated TK	Other Details Like Exotic	Community Knowledge Holder
						Past	Present					
Sedge	<i>Cyprus rotundus</i>	Dhila	Maize/ Paddy	The weed compete with the main crop	Temperate & intermediate	Plenty	Plenty	Nil	Chemical Control besides hand weeding	Reduces the yield of the crop	Local	Farmers
Ghass	<i>Cyprus esculuntus</i>		Mash	The weed compete with the main crop	Temprate & intermediate	Plenty	Plenty	Nil	No weed management only hand weeding	Reduces the yield of the crop	Local	Farmers
Guli Panda	<i>Phalaris minor</i>		Wheat	The weed compete with the main crop	Temprate & intermediate	Plenty	Plenty	Nil	Hand weeding & Chemical Control	Reduces the yield of the crop	Local	Farmers
Bathua	<i>Chenopodium album</i>	Bathua	All Crops	The weed compete with the main crop	Temprate & intermediate	Plenty	Plenty	Nil	Hand weeding & Chemical Control	Reduces the yield of the crop	Local	Farmers
Grass	<i>Cynodon dactylon</i>	Dhroob	Wheat	The weed compete with the main crop	Temprate & intermediate	Plenty	Plenty	Used as fodder for cattle	Only hand weeding	Reduces the yield of the crop	Local	Farmers
Hugga		Hugga - kashmir	Maize	The weed compete with the main crop	Temprate & intermediate	Plenty	Plenty	Fodder	Only hand weeding	Reduces the yield of the crop	Local	Farmers

Format 5: Pests of Crop

1	2	3	4	5	6	7	8	9	10
Host	Insect/Animal	Scientific Name	Local Name	Habitat	Time/Season of attack	Management Mechanism	Associated TK	Other Details Like Exotic	Community Knowledge Holder
Maize	Cut worm	<i>Agrotis Spp</i>	Tokka	Maize fields	April-May		Nil	Nil	Nil
Maize	Stemborer/ crow	<i>Chilo partellus</i>	Woot	Maize fields	April-May		Nil	Nil	Nil
Mash	Whitefly	<i>Vemisa tabaci</i>	Chithi Makher	Mash fields	July-August		Nil	Nil	Nil
Wheat	Field Rats/ Locusts	<i>Bendicota bengalensis terxaindica</i>	Musso	All fields	All Season		Nil	Nil	Nil
Wheat & Oats	Army Worm	<i>Mythimna separata</i>	Woot	Oats & Wheat fields	All Season		Nil	Nil	Nil
Wheat	Termites	<i>Microtermes Obesi odentotermes Obesi</i>	Seenak	Wheat fields Rainfed	During dry season		Nil	Nil	Nil

FORMAT 6 : Markets for Domesticated Animals

1	2	3	4	5	6	7	8	9
Name of the Market & Location	Weekly (D)/ Fortnightly (D) Monthly (D) Biannual (M) Annual (M)	Types of Animals bought & sold	Types & Average number of animals transacted in a day	Places from which animals are brought	Places to which the animals are sold /transported	Name & Location of Fish Market	Types of Fishes Sold	Source of Fish
Local Janakpur	Weekly	Local	3	Local	Local	Not Applicable	Not Applicable	Not Applicable

No Registered Seller though local sold by farmer. Agricultureist from their own residence occassionally

FORMAT 7 : Peoplescape (Janakpur)

1	2	3	4	5	6	7	8	9	10	11
Community & Population	Families & Major Occupation	Sub-Occupation	Depending Landscape	Major Resources accessed and season of access	Landscape management Practice	Resource Management Practice	Caste/Tribe	Social Condition	Nature of Inhabitants	No of HHs
Hindu & Muslims - 1871	Joint Families & Nuclear Families Occupation Agriculture	Animal Husbandry, Horticulture, Govt Employees	Agriculture Landscape Forest Irrigation Channels	Crops Rabi & Kharief Appler Wallnut Pears & Wild Mashrooms from March to Octobeer ,apricot	By growing Crops for two seasons that is Rabi & Khareif Deriving Minor Forest Produce without disturbing ecological balance	Judicious Utilization of Natural resources without their over exploitation	Others	Backward /Financially weak	Religious and have great respect for their tradition , celebrate fairs and festivals/ Local Melas with full enthusiasm having simple living style	512

Major Occupation may be farming Sub Occupation could be Fishing,Collection of NTFP anima Husbandry ,Artisans,services

Examples of depending landscapes are Agriculture Landscape,Rivers,Forests etc

Major resouces assessed could be Agriculture resources of different nature,Fish,birds ,water ,mud and etc.

How thge community manages the Landscape they use for satisfying different needs,their strategies and perception

How the community manages the resources they access for satisfying different needs,their statrgeies and perception ,conflicts etc.

Format-8: Landscape

Format-8: Landscape														
1			2	3		4	5	6	7	8	9	10	11	12
Major Landscapes			Sub-Landscapes	Features and approx. Area		Ownership	General flora	General fauna	User groups	Management practices	General uses	Associated TK	Other details	Community accessed
Agricultural land	Pond	Fallow land		K	M									
Agricultural land	-	-		Private land	2260									
	-	-	Shamlat	281	6	do								
			State Land	1887	0	J&K Govt								
			Aabadi Land	2	13	Local Zamindars								
			Irrigated Land	1168	0	Local Zamindars								
			Un-irrigated Land	664	0	Local Zamindars								
			Cultivated land	1832	0	Local Zamindars								
			No cultivated land	3544	0	Local Zamindars								
			Kacharie Land	376	6	Local Zamindars								
Forest Land			Forest Land	568	12	J&K Govt								

Provide a brief description of lanscapes such as forests, plantations, cultivated land, estuary, pond, lakeot other elements

Format 10: Soil Type

Soil Type	Colour & Texture	Features	Soil Management	Plants /Crop Suitable	Flora And Funa	Associated TK	Other Information
Clayey Loam Soil	Brown	Elastic With high water holding Capacity (Higher Rate of soil loss due to erosion)	Local Manure, Addition of Organic Manure	Maize Wheat, Rice & Paddy	Flora And Funa associated with Maize ,Wheat crop Grown, Paddy		
Sandy Loam Soil	Brown & Reddish	Well drained (High Rate of Soil Loss due to erosion)	Addition of Organic Manure	Maize Wheat	Flora And Funa associated with crop Grown		

FORMAT-11 FRUIT TREES (Panchayat Janakpur)

Plant Name	Scientific Name	Local Name	Variety	Landscape /Habitat	Local Status		Source Seed Plant	Season of Fruiting	Associated TK	Uses	Other details market/own use	Community/ Knowledge
					Past	Present						
Apple	Malus domestica	Seb	Red Delicious Golden Del. Ambri,Gala Mast etc	Mountainous and sloppy	Available	Available	Local Preserved / Govt Nry/Pvt Nry	July –Oct.	Reducing cholest erol, lowering blood sugar levels,	Own use	Owned uses/Local market	Sewa Ram
Walnut	Juglans regia	Akhrot	Local	Mountainous and sloppy	Available	Available	Local Preserved	July- Sept	Reduces prostate cancer and diabetes	Own use	Own use /Local Market	Dwarka Nath
Aprocot	Prunus Armeniaca	Khubani	Safeda,Qadri Bebco	Mountainous and sloppy	Available	Available	Local Preserved	May-June	Reduces Heart deases & High Blood Pressure	Own Use	Own use /Local Market	Ramesh Kumar
Pear	Pyrus communis	Nashpati	Moti Daddi,Half Red,Nakh,Misri Tang	Mountainous and sloppy	Rare	Available	Local preserved	July- Sept	used for mild digestion problems, diarrhea, severe diarrhea (cholera),	Own use	Own use /Local Market	Govind Ram

Peach	<i>Prunus persica</i>	Aadu	Local Shan-e-Panjab, Amba	Mountainous and sloppy	Available	Available	Local Preserved	July –Sept	Edible Fruits	Own Use	Own use/ Local Market	Bidi Chand
Plum	<i>Prunus domestica</i>	Aloo bukhara	Local	Mountainous and sloppy	Available	Available	Local Preserved	May-July	Edible Fruits	Own Use	Own use/ Local Market	-
Cherry	<i>Prunus avium</i>	Gilass	Local	Mountainous and sloppy	Available	Available	Local Preserved	April-May	Edible Fruits	Own Use	Own use/ Local Market	-
Grapes	<i>Vitis vinifera</i>	Angoor	Merlot Chardonay	Mountainous and sloppy	Available	Available	Local Preserved	July-Aug	Edible Fruits	Own Use	Own use/ Local Market	-

Format-12 : Medicinal Plants (Herbs, Shrubs, Trees etc.).

1	2	3	4	5	6	7		8	9	10	11	12
Plant Type	Local Name	Scientific Name	Variety	Landscape/ Habitat	Source of plant/ seeds	Location status		Uses (usage)	Part used	Associated Tk	Other details market/ own use	Community Know Holders
						Past	Present					
Shurb	Ban Kakkri	<i>Podophyllum hexandrum</i>	MFP	Forest	Natural	Plenty	Endangered	Useful to the skin for removal of warts,including plantar warts & sexually tranmitted warts.	Fruit			
Shurb	Rhubarb	<i>Rheum spiciforme</i>	MFP	Forest	Natural	Plenty	Rare	Harvested from the wild for local use as a food & medicine	Flower/ stem			
Herb	Kuth	<i>Saussurea costus</i>	MFP	Forest	Natural	Plenty	Rare	The root & oil from the root are used to make medicine.treating for asthma, cough,gas,worm (nemotode).	Root/ Rhizome			
Herb	Murg jawain,Bajarbhang	<i>Hyoscyamus niger</i>	MFP	Forest	Natural	Plenty	Rare	Useful for ailmentsof the bones,Rh,toothache,asthma,cough h nervous disease & stomach pain.	Seeds			
Herb	Guggal/Dhoop	<i>Jurinea dolomiaca</i>	MFP	Forest	Natural	Plenty	Rare	useful for the treatment of fevers.The root extract is used as an incense,skin eruption,gout & Rh,	Roots			
Herb	Rohan-hak/Pran/ Gogcheegma	<i>Allium carolinianum</i>	MFP	Forest	Natural	Plenty	Rare	Contain sulphur compounds (which give them their onion flavour)help to reduce blood cholesterol levels,acts as a tonic to the digestive system	Bulbs, Leaves, Flowers			

Herb	Gaozabaan (Ratanjot)	<i>Amebia benthami</i>	MFP	Forest	Natural	Plenty	Rare	Used for imparting pleasing red colour to fodstuff,oils & fats. The flowering shoots are used in prepration of Shrubet(syrup) & jam useful in various disease of tongue,throat,fever & cardiac disorders	Roots, Rhizomes
Shurb	Dhatura	<i>Dhatura metel</i>	MFP	Forest	Natural	Plenty	Rare	Used to treat hydrophobia,epilepsy,convulsio n,syphilis,inflammation of the breasts, smallpox,mumps & leprosy,also used as a pesticide.	Seeds
Shurb	Seski (murin)	<i>Artemisia brevifolia</i>	MFP	Forest	Natural	Plenty	Rare	Used as a digestive & carminative & hence mixed with meat dishes, known to be an anthelmintic,aphrodisiac,antiseptic,laxative,blood purifier & antidote to scorpion stings.	Leaves
Herb	Zakhm-e-hayaat	<i>Bergenia ciliata</i>	MFP	Forest	Natural	Plenty	Rare	Useful for the treatment of uterine contraction,ulcers,fever & kidney stone,also treat throat infection,diabetes.	Leaves & Roots
Shurb	Kalveuth	<i>Prunella vulgaris</i>	MFP	Forest	Natural	Plenty	Rare	Useful to treat infections & other illnesses,inflammation,protect against cancer,prevent diabetes complications.	Leaves & Flowers
	Ravend-Chini (Pambchalan)	<i>Rheum australe</i>	MFP	Forest	Natural	Plenty	Sporadic	Used as laxative & also used in various herbal preparations.	Roots, Rhizomes

Herb	Handh	<i>Traraxacum officinale</i>	MFP	Forest	Natural	Plenty	Rare	Has a special effect on the organs involved in digestion, its coffee helps with liver damage & liver weakness as well as bile weakness, stimulate pancreas & kidney function.	Leaves
Herb	Mushakbala	<i>Valeriana hardwickii</i>	MFP	Forest	Natural	Plenty	Rare	Useful in epilepsy, hysteria, hypochondriasis, nervous unrest & skin diseases.	Roots
Shurb	Kasrore	<i>Diplazium esculentum</i>	MFP	Forest	Natural	Plenty	Rare	Used as vegetable, dried rhizomes are used as an insecticide, decoction of this plant is used in the treatment of cough & sometimes as a tonic.	Leaves
Herb	Patrees	<i>Aconitum heterophyllum</i>	MFP	Forest	Natural	Plenty	Threatened	Useful to treat bronchitis, persistent cough, upper respiratory tract infections, common cold, flu & malaria, treat fever, cough, vomiting & diarrhea.	Roots
Herb	Kour, Kutki, Kadu, Kadvi	<i>Picrorhiza kurroa</i>	MFP	Forest	Natural	Plenty	Rare	Used for the treatment of jaundice, sudden liver infections caused by a virus, fever, allergy & asthma.	Roots
Shurb	Kala Zeera	<i>Bunium persicum</i>	MFP	Forest	Natural	Plenty	Rare	Useful in treatment of gastrointestinal illnesses, including diarrhea & inflammatory bowel disease.	Seeds
Herb	Rumkath, Budarkath (Gidar Tambakoo)	<i>Verbascum thapsus</i>	MFP	Forest	Natural	Plenty	Rare	Useful to treat pulmonary problems, inflammatory diseases, asthma, diarrhoea & migraine headaches.	Leaves
Herb	Kasnil Hand	<i>Cichorium intybus</i>	MFP	Forest	Natural	Plenty	Rare	Useful in treatment of liver disorders, diabetes, jaundice, gout, Rh	Flowers

Herb	Pambechalan/ chukri	<i>Rheum emodi</i>	MFP	Forest	Natural	Plenty	Rare	Used in various traditional systems as laxative, tonic, fever, cough, indigestion & menstrual disorders.	Roots
Tree	Zum	<i>Prunus cormuta</i>	MFP	Forest	Natural	Plenty	Rare	Helpful in the treatment of cancer.	Timber
Herb	Neelkanth	<i>Ajuga bracteosa</i>	MFP	Forest	Natural	Plenty	Rare	Useful in the treatment of agues, the juice of the root is used in the treatment of diarrhoea & dysentery, leaves are used in treatment of fevers as a substitute for quinine	Roots
Herb	Choru/Chohori	<i>Angelica glauca Edgw</i>	MFP	Forest	Natural	Plenty	Rare	Used in Dyspepsia, constipations, ulcer of plate, Dysentery, Roots are used as a drug wound and gastric pains	Roots
Herb	Cow Parsnip	<i>Heracleum candicans Wallich ex Benth</i>	MFP	Forest	Natural	Plenty	Rare	The roots are a very good source of xanthotoxin, which is used in the preparation of suntan lotions & to some extent for the treatment of leucoderma.	Roots
Herb		<i>Galium aparine L</i>	MFP	Forest	Natural	Plenty	Rare	used as diuretic, used to treat swollen lymph glands, tonsillitis and throat infections.	Leaves, Stem
Herb	Mushkbala	<i>Valeriana jatamansi Jones</i>	MFP	Forest	Natural	Plenty	Rare	useful for epilepsy, hysteria, skin diseases & nervous unrest.	Dried roots & Rhizomes
Tree	Fir	<i>Abies pindrow Spach</i>	CONIFER	Forest	Natural	Plenty	Rare	used for treating fever, wheezing cough & cold.	Seeds, Timber
Tree	Deodar	<i>Cedrus deodara (Roxb) G. Don</i>	CONIFER	Forest	Natural	Plenty	Rare	used in neurological disorders, asthma, fever, arthritis & headache.	Seeds, Timber oil

Tree	Spruce	<i>Picea smithiana</i> (Wall.) Boiss	CONIFER	Forest	Natural	Plenty	Rare	used in pulp industry to make paper,also used for construction shingles,crates & household purposes.	Seeds,Timber
Tree	Kail	<i>Pinus wallichiana</i> Jackson	CONIFER	Forest	Natural	Plenty	Rare	usful in treating burning of the body,cough,fainting & ulcers.	Timber
Herb	Drub	<i>Cynodon dactylon</i> (L) Pers	MFP	Forest	Natural	Plenty	Rare	used as a laxatie,coolant,expectorant, & as a brain & hert tonic used for all types of bleedings & skin troubles.	Whole plant
Shrub	Vethur	<i>Juniperus communis</i> Linn	MFP	Forest	Natural	Plenty	Rare	used as anti-diarrhoeal,anti-inflammatory,astringent & antiseptic & also used for the treatment of various abdominal disorders.	Stem
Tree	Postul/Brahmi	<i>Taxus baccata</i> L	B/L	Forest	Natural	Plenty	Rare	useful for treating common cold,cough,fever & pain.	Leaves,Bark
Shrub	Sanglidhoop	<i>Skimmia anquetilia</i> N.P Taylor & Airy Shaw	MFP	Forest	Natural	Plenty	Rare	used for treatment of swellings,rheumatism & therapy. Powder of its bark is used for the healing of burns & wounds.	Leaves
Shrub	Beri	<i>Zizyphus oxyphylla</i> Edgw	MFP	Forest	Natural	Plenty	Rare	used to treat diabetes,fever,dysentery,as well as blood & skin diseases	Fruit
Tree	Horse chest nut, Goug	<i>Aesulus hippocastanu</i> m L	B/L	Forest	Natural	Plenty	Rare	used for treatment of dysentry,bronchitis,hemorrhoids	Leaves
Tree	Kanjai	<i>Acer caesium</i> Wallich ex Brandis	B/L	Forest	Natural	Plenty	Rare	used for treatment of muscular swelling,boils & pimples	Leaves
Herb	Ban Tambaku	<i>Verbascum thapsus</i> L	MFP	Forest	Natural	Plenty	Rare	Inflammatory diseases,asthma,cough,diarrhoea	Leaves

Herb	Jungli Pudina	<i>Mentha arvensis L</i>	MFP	Forest	Natural	Plenty	Rare	As a food, stomach problem & allergy	Leaves
Herb	Vena	<i>Mentha longifolia (L) Hudson</i>	MFP	Forest	Natural	Plenty	Endangered	Respiratory ailments, treat wounds	Leaves
Herb	Kal viuth	<i>Prunella vulgaris L</i>	MFP	Forest	Natural	Plenty	Rare	Protect against cancer, herpes	Leaves
Herb	Dand jari	<i>Rhodiola himalensis (D.Don) S.H. Fu</i>	MFP	Forest	Natural	Plenty	Rare	Help the body to resist physical, chemical & environmental stress	Bark
Shrub	Anar	<i>Punica granatum L</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of cancer, osteo-arthritis	Whole plant
Herb	Wallichos willow	<i>Epilobium latifolium L</i>	MFP	Forest	Natural	Plenty	Common Vulnerable	Analgesic, anti-dote	Whole plant
Herb	Wild Strawberry	<i>Fragaria nubicola Lindl ex Laccata</i>	MFP	Forest	Natural	Plenty	Rare	As food, treats profuse menstruation	Fruit
Herb		<i>Ipomoea purpurea Roth</i>	MFP	Forest	Natural	Plenty	Rare	Mental disorders, constipations	Seeds
Herb		<i>Cuscuta europaea L</i>	MFP	Forest	Natural	Plenty	Rare	Herbal medicine, tonic for liver & kidney	Seeds, vegetable
Herb		<i>Cuscuta reflexa Roxb</i>	MFP	Forest	Natural	Plenty	Rare	Treat difficulty in urinating, jaundice	Stem, Seeds
Herb		<i>Rheum australe D. Don</i>	MFP	Forest	Natural	Plenty	Rare	Gastritis, blood purification	Rhizomes, Roots
Herb		<i>Rheum moorcroftianum Royle</i>	MFP	Forest	Natural	Plenty	Rare	improve memory, renal function disorder	Rhizomes, Roots
Herb		<i>Jurinea dolomiaea Boiss</i>	MFP	Forest	Natural	Plenty	Rare	loss of appetite, cold bronchitis	Root

Herb		<i>Lactuca lessertiana</i> (DC) C.B Clarke	MFP	Forest	Natural	Plenty	Rare	curative properties	Not available
Herb		<i>Leontopodium himalayanum</i> DC	MFP	Forest	Natural	Plenty	Rare	used in herbal and protect over skin	Aerial Parts
Herb		<i>Saussurea heteromalla</i> (D. Don) Hand Mazz	MFP	Forest	Natural	Plenty	Rare	horse bite, oil, leucoderma & wounds	Leaf, root
Herb		<i>Saussurea lappa</i> Clarke	MFP	Forest	Natural	Plenty	Rare	anti ulcer, anti cancer	Root
Herb		<i>Senecio amplexicaulis</i> Wall	MFP	Forest	Natural	Plenty	Rare	antifungal and phytotoxic	Whole Plant
Herb		<i>Senecio gradiflorus</i> DC	MFP	Forest	Natural	Plenty	Rare	used in treatment of irregular menses, ease child birth	Root
Herb		<i>Senecio nudicaulis</i> Ham	MFP	Forest	Natural	Plenty	Rare	used in treatment of fever and skin diseases	Leaves
Herb		<i>Solidago virga aurea</i> L	MFP	Forest	Natural	Plenty	Rare	used in treatment of best pain, insomnia	Flowers,Leaves
Herb		<i>Sonchus arvensis</i> Linn	MFP	Forest	Natural	Plenty	Rare	used in treatment of asthma,chest diseases	Stems,Leaves
Herb		<i>Sonchus asper</i> Vill	MFP	Forest	Natural	Plenty	Rare	used in treatment of skin ailments,anti-bacterial	Leaves,Stem, Tops
Herb		<i>Sonchus oleraceus</i> L	MFP	Forest	Natural	Plenty	Rare	used for blood purifier,anti-malarial	Stem & Leaves
Herb		<i>Tanacetum gracile</i> Hook. F. & T	MFP	Forest	Natural	Plenty	Rare	used in treatment of intestinal worms,prevent miscarriage	Dried Aerial Parts

Climber		<i>Viscum album L</i>	MFP	Forest	Natural	Plenty	Rare	treatment of cardiac weakness, arrhythmia	Leaves, Stem, Pea sized Berries
Herb		<i>Euphorbia cognata (Klotzsch & Garcke) Boiss</i>	MFP	Forest	Natural	Plenty	Rare	Breathing disorder, asthma	Seed Stem
Herb		<i>Euphorbia rothiana Spreng</i>	MFP	Forest	Natural	Plenty	Rare	Rheumatism, warts, cough, asthma	Stem Bark
Herb		<i>Euphorbia helioscopia L</i>	MFP	Forest	Natural	Plenty	Rare	used in pharmaceutical industry.	Leaves, Stem, Root
Herb		<i>Euphorbia wallichii Hook F</i>	MFP	Forest	Natural	Plenty	Rare	used against constipation	Leaf, root
Shrub		<i>Sarcococca saligna (D. Don) Meull Arg</i>	MFP	Forest	Natural	Plenty	Rare	laxative, blood purifier & muscular analgesic	Leaf, Bark, Root
Herb		<i>Girardinia heterophylla Decne</i>	MFP	Forest	Natural	Plenty	Rare	used as soap/shampoo for washing, cattle fodder	Whole Plant
Herb		<i>Urtica dioica Linn</i>	MFP	Forest	Natural	Plenty	Rare	urinary tract infections	Root
Tree	Brimij	<i>Celtis australis Willd</i>	B/L	Forest	Natural	Plenty	Rare	treatment of amenorrhoea, heavy menstrual bleeding & colic	Leaves, Root
Tree		<i>Ulmus wallchiana Planch</i>	B/L	Forest	Natural	Plenty	Rare	used to heal body mind & skin	Leaves
Herb		<i>Cannabis sativa L</i>	MFP	Forest	Natural	Plenty	Rare	used for recreational or medicinal purposes	Whole Plant
Herb		<i>Viola canescens Wallich</i>	MFP	Forest	Natural	Plenty	Rare	used for cough, cold, flu, fever & malaria	Leaf, Flower
Herb		<i>Viola indica W Becker</i>	MFP	Forest	Natural	Plenty	Rare	Respiratory tract congestion, asthma, sore throat	Flowers

Herb		<i>Viola kunawarensis Royle</i>	MFP	Forest	Natural	Plenty	Rare	chronic bronchitic,asthma	Flowers
Herb		<i>Dianthus jacquemontii Edgew</i>	MFP	Forest	Natural	Plenty	Rare	used to stimulates urinary system,digestive system & bowels	Flowers
Herb		<i>Gypsophilla cerastioides D Don</i>	MFP	Forest	Natural	Plenty	Rare	used for production of photographic films	Not Available
Herb		<i>Lychinus indica Benth</i>	MFP	Forest	Natural	Plenty	Rare	Source of soaps ,ornamentals purposes	Roots,Flowers
Herb		<i>Silene edgeworthii Bocquet</i>	MFP	Forest	Natural	Plenty	Rare	Anti-cancer,anti-fungal & anti-viral	Leaves
Herb		<i>Stellaria media L</i>	MFP	Forest	Natural	Plenty	Rare	cough ,cold constipation,burns	Whole plant
Herb		<i>Hypericum elodeoides Choisy</i>	MFP	Forest	Natural	Plenty	Rare	treatment in mild to moderate depression	Aerial Parts
Shrub		<i>Hypericum oblongifolium Choisy</i>	MFP	Forest	Natural	Plenty	Rare	Hepatitis,gastric ulcers	Aerial Parts
Herb		<i>Hypericum perforatum L</i>	MFP	Forest	Natural	Plenty	Rare	Moderate depression ,anxiety & sleep disorders	Aerial Parts
Herb	Suchal	<i>Malva neglecta Wallr</i>	MFP	Forest	Natural	Plenty	Rare	Astringent,demulcent,diuretic	Leaves,Floers, Root
Herb		<i>Geranium polyanthes Edgew & H.F</i>	MFP	Forest	Natural	Plenty	Rare	Tumor,cosmetic,laxative & hair colour	Flower
Shrub		<i>Rhus succedanea L</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of phthisis	Fruits

Herb		<i>Astragalus grahamianus</i> Royle ex Benth	MFP	Forest	Natural	Plenty	Rare	Urinary disease, respiratory, skin problems	Roots
Shrub		<i>Astragalus himalayana</i> Klotsch	MFP	Forest	Natural	Plenty	Rare	Kidney disease, diabetes	Gum
Shrub		<i>Indigofera heterantha</i> Wallich ex Brandis	MFP	Forest	Natural	Plenty	Rare	branches are used as basket making it is also used as fuel	Floers , Branches
Shrub		<i>Indigofera tinctoria</i> L	MFP	Forest	Natural	Plenty	Rare	used to treat nervous disorders, asthma, liver disease	Flowering & Fruiting Branches
Herb		<i>Trifalium fragiferum</i> L	MFP	Forest	Natural	Plenty	Rare	used as green manure & flowers are used to make jelly	Flowers, Leaves
Herb		<i>Triflum repens</i> L	MFP	Forest	Natural	Plenty	Rare	a lincture of the leaves are applied as an ointment to Govt.	Flowers, Leaves
Herb		<i>Trigonella emodi</i> Benth	MFP	Forest	Natural	Plenty	Rare	Reduce fever	Stem , Leaves
Herb		<i>Vicia sativa</i> Linn	MFP	Forest	Natural	Plenty	Rare	seeds are used to form bread, cakes, biscuits	Seed
Herb		<i>Vicia sepium</i> Linn	MFP	Forest	Natural	Plenty	Rare	used as nitrogen fixation used for hay or silage particularly arable silage.	Rhizomes, Leaves
Tree		<i>Ficus palmata</i> Forsk	B/L	Forest	Natural	Plenty	Rare	used for treatment of lungs & bladder diseases	Fruit
Tree		<i>Monus serrate</i> Roxb	B/L	Forest	Natural	Plenty	Rare	juice of the root is used as an anthelmintic. wood is used for making furniture	Root , Wood
Tree	Akhroot	<i>Juglans regia</i> Linn	B/L	Forest	Natural	Plenty	Rare	leaves are used in treatment of chronic coughs, asthma & purify blood and treat diabetes	Leaves, Fruit,
Tree		<i>Alnus nepalensis</i> D. Don	B/L	Forest	Natural	Plenty	Rare	Used for making charcoal, reducing swelling of leg, juice is applied on burns	Wood, Leaves, Roots

Tree	Champ	<i>Alnus nitida (Spach) Endl.</i>	B/L	Forest	Natural	Plenty	Rare	Bark is used to treat swelling & body pain	Bark
Tree	Bhoj patra	<i>Betula utilis D Don</i>	B/L	Forest	Natural	Plenty	Rare	Bark is used for writing lengthy scriptures & texts,also used for packaging	Bark
Tree		<i>Corylus jacquemontii Decne</i>	B/L	Forest	Natural	Plenty	Rare	seeds are used as oil	Seeds
Tree		<i>Quercus baloot Griffith</i>	B/L	Forest	Natural	Plenty	Rare	seeds are used in manufacturing of insecticides	seeds
Tree		<i>Populus alba L</i>	B/L	Forest	Natural	Plenty	Rare	used in the treatment of arthritis,gout,lower back problem and reduce fever	Stem,Bark
Tree		<i>Populus oliata Wallich ex Royle</i>	B/L	Forest	Natural	Plenty	Rare	used as fuel wood,also used as timber & making furniture	Whole Plant
Shrub	Willow	<i>Salix alba Boiss</i>	MFP	Forest	Natural	Plenty	Rare	stems are used in basket making.	Stem
Shrub		<i>Berberis jaeschkeana C.K Schneider</i>	MFP	Forest	Natural	Plenty	Rare	used in treatment of tumor	Rhizomes,Fruit
Herb		<i>Podophyllum hexandrum Royle</i>	MFP	Forest	Natural	Plenty	Rare	used to treat gynecology infections	Rhizomes
Herb		<i>Meconopsis aculeata Royle</i>	MFP	Forest	Natural	Plenty	Rare	used to help heal broken bones,treaty inflammation from fractures	Whole Plant
Herb		<i>Meconopsis latifolia Prain</i>	MFP	Forest	Natural	Plenty	Rare	used against ulces,disorders of lungs.	Flowers
Herb		<i>Corydalis cachemiriana Royle</i>	MFP	Forest	Natural	Plenty	Rare	used for mild depression	Flowers,Stems,Leaves

Herb		<i>Corydalis thyrsoiflora Prain</i>	MFP	Forest	Natural	Plenty	Rare	used to treat stomach problem	Leaves,Flowers
Herb		<i>Fumaria indica Pugsley</i>	MFP	Forest	Natural	Plenty	Rare	used as a common weed,isolation & polyherbal	Whole Plant
Herb		<i>Capsella bursa pastoris (L) Moench</i>	MFP	Forest	Natural	Plenty	Rare	used as a folk remedy for cancer,nose bleeding	Seeds,Leaves
Herb		<i>Erysimum melicetae Dunn</i>	MFP	Forest	Natural	Plenty	Rare	used in medicine,food item	Seeds
Herb		<i>Iris hookeriana M. Foster</i>	MFP	Forest	Natural	Plenty	Rare	used in aromatherapy,rhizomes given to babies to help in teething	Rhizomes
Herb		<i>Iris kashmiriana Baker</i>	MFP	Forest	Natural	Plenty	Rare	used in treatment of joint pains	Rhizomes
Herb		<i>Iris kemaonensis D. Don ex Royle</i>	MFP	Forest	Natural	Plenty	Rare	flowers are used in herbal medicines	Flowers
Herb		<i>Narcissus tazetta L</i>	MFP	Forest	Natural	Plenty	Rare	used in treatment of boils & mastitis	Root
Herb		<i>Dioscorea deltoidea Wal ex Kunth</i>	MFP	Forest	Natural	Plenty	Rare	used in treatment of digestive disorders ,wound & burns	Rhizomes
Herb		<i>Fritillaria roylei Hook</i>	MFP	Forest	Natural	Plenty	Rare	used for healing wounds	Roots
Herb		<i>Gagea elegans Wall</i>	MFP	Forest	Natural	Plenty	Rare	Used in the form of infusions or decoctions.	Leaves
Herb		<i>Notholirion thomsonianu m (Royle) Stapf</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of Various infectious Diseases espically intestinal.	Flower,Leaves

Herb		<i>Polygonatum multiflorum</i> (Linn.) All	MFP	Forest	Natural	Plenty	Rare	used in wound healing being anti-bacterial	Roots
Herb		<i>Polygonatum verticillatum</i> All	MFP	Forest	Natural	Plenty	Rare	used to cure cardiptonic,aphrodisiac	Tender leaves,Young shoots
Herb		<i>Trillium govonianum</i> Wall	MFP	Forest	Natural	Plenty	Rare	used in dysentery, wound healing,menstral &sexual disorders.	Rhiozomes,Roots
Herb		<i>Tulipa stellata</i> Hook f	MFP	Forest	Natural	Plenty	Rare	Used for sinus Pain ,Hay Fever& Headache.	Whole Plant
Herb		<i>Arisaema jacquemontii</i> Blume	MFP	Forest	Natural	Plenty	Rare	used for the treatment of dermatological disorders,used for phenols	Root
Herbs		<i>Valeriana pyrolaefolia</i> decne	MFP	Forest	Natural	Plenty	Rare	Used orally for anxiety& Psychological stress.	Root
Herbs		<i>Dipsacus inermis</i> Wall	MFP	Forest	Natural	Plenty	Rare	used in ayurvedic system of medicine	Fresh & Dried Leaves
Herbs		<i>Achillea millefolium</i> L	MFP	Forest	Natural	Plenty	Rare	above ground parts used in cold, tonic & astringent	Aerial Parts
Herbs		<i>Ainsliaea aptera</i> DC.	MFP	Forest	Natural	Plenty	Rare	roots used to relieve stomachache, acute fever & constipation	Roots
Herbs		<i>Anaphalis nubigena</i> Clarke	MFP	Forest	Natural	Plenty	Rare	used as aromatic & antimicrobial	Aerial Parts
Herbs		<i>Artemesia scoparia</i> Waldst. & Kit	MFP	Forest	Natural	Plenty	Rare	flowers, stem seeds used as antiseptic, diuretic & antipyretic	Flowers,Stem ,Seeds
Herbs		<i>Artemesia gmelini</i> Bess	MFP	Forest	Natural	Plenty	Rare	plants rich source of essential oil	Leaf ,Stem
Herbs	Mooin	<i>Artemesia Maritima</i> L.	MFP	Forest	Natural	Plenty	Rare	antiseptic, diuretic & antipyretic	Leraves ,Flow ering

Herbs		<i>Aster indamellus Grierson</i>	MFP	Forest	Natural	Plenty	Rare	as food & medicine	Leaf, Flower, Root	Local zamindars have got ample knowledge with respect to identification of the species as well their comon usage	Bonafide purpose	Inhabitants of the area.
Herbs		<i>Cirsium arvense (L) Scop</i>	MFP	Forest	Natural	Plenty	Rare	remedy for toothache & treatment of indigestion	Root			
Herbs		<i>Cirsium falconeri (Hook.f.) Petrak</i>	MFP	Forest	Natural	Plenty	Rare	whole plant & roots used for treating oedema	Whole Plant			
Herbs		<i>Dubyaea hispide DC.</i>	MFP	Forest	Natural	Plenty	Rare	used to remove excess pitta dosh, treat fever.	Rhizomes			
Herbs		<i>Echinops cornigerus DC</i>	MFP	Forest	Natural	Plenty	Rare	root are aphrodisiac, whole plant antipyretic & analgesic	Root			
Herbs		<i>Erigeron canadensis L.</i>	MFP	Forest	Natural	Plenty	Rare	whole plant diuretic, hemostatic & antidiarrheal	Whole Plant			
Herbs		<i>Filago germanica Linn</i>	MFP	Forest	Natural	Plenty	Rare	has chemical, biological & toxicological properties	Fruit			
Herbs		<i>Galinsoga parviflora Cav</i>	MFP	Forest	Natural	Plenty	Rare	used for treatment of nettle sting & similar skin inflammation	Leaves			
Herbs		<i>Gnaphalium luteo album Linn</i>	MFP	Forest	Natural	Plenty	Rare	antibacterial, antifungal, antioxidant	Leaves			
Shrub	Shutenger	<i>Rhododendron anthopogon D. Don</i>	MFP	Forest	Natural	Plenty	Rare	treatment of constipation, didysentry, fever	Leaves			
Herbs		<i>Anagallis arvensis Linn</i>	MFP	Forest	Natural	Plenty	Rare	whole plant used as expectorant, dropsy, diuractic, purgative	Whole Plant			
Herbs		<i>Androsace rotundifolia Hardw.</i>	MFP	Forest	Natural	Plenty	Rare	dried plant used against bronchitis, asthma, cough	Dried Plant			

Herbs		<i>Primula rosea Royle</i>	MFP	Forest	Natural	Plenty	Rare	asthma & digestive problems	Flower,Leaves
Tree		<i>Fraxinus excelsior L.</i>	B/L	Forest	Natural	Plenty	Rare	bark & leaf used against fever, gout, arthritis	Bark,Leaf
Herbs		<i>Jasminium grandiflorum L.</i>	MFP	Forest	Natural	Plenty	Rare	used for treating wounds, skin disease, ulcers,headache	Not Available
Herbs		<i>Jasminium humile L</i>	MFP	Forest	Natural	Plenty	Rare	root juice used against ringworm, flowers used to cure intestinal problems	Root,Flower
Tree	Kahu	<i>Olea cuspidata Wallich ex G. Don</i>	B/L	Forest	Natural	Plenty	Rare	bark used for fracture, leave use for treatment of malaria, UTI	Bark,Leaves
Shrub		<i>Buddleja paniculata Wall</i>	MFP	Forest	Natural	Plenty	Rare	used for treatment of skin disease, malaria	Leaves
Herbs		<i>Gentiana carinata Griseb</i>	MFP	Forest	Natural	Plenty	Rare	used against diarrhea, loss of appetite, heart burn	Root
Herbs		<i>Gentiana Kuroo Royle</i>	MFP	Forest	Natural	Plenty	Rare	rhizome is antihelminthic, diaphoretic,digestive tonic	Rhizomes
Herbs	Kazuban	<i>Arnebia benthamii (Wall. Ex G.Don) Johnston</i>	MFP	Forest	Natural	Plenty	Rare	used as red clour to food, oil & fats, plantalso used as diuretic, expectorant, tonic	Flowering, Shoots & Roots
Herbs		<i>(Royle) Kazmi</i>	MFP	Forest	Natural	Plenty	Rare	use to manage disorders like hapatotoxicity	Not Available
Tree	Trikanani	<i>Acer pictum</i>	B/L	Forest	Natural	Plenty	Rare	Use as food ,medicine,ornamental & source of wood	Whole plant
Tree	Bren	<i>Ulmus villosa</i>	B/L	Forest	Natural	Plenty	Rare	Medicinal ,aeromatic,anti-inflammatory,furniture	Bark,Leaves
Tree	Bankhoor	<i>Aesculus indica</i>	B/L	Forest	Natural	Plenty	Rare	Treatment of skin diseae, Rh, astringent, narcotic,relief of headache	Leaves,Flowers

Herb	Hamesh-Bahar	<i>Calendula officinalis</i>	MFP	Forest	Natural	Plenty	Rare	Applied on Skin disease,Burns	Flower,leaf
Herb	Banafsha	<i>Viola odorata</i>	MFP	Forest	Natural	Plenty	Rare	Throat problem,Cold,cough	Flower
Fungi		<i>Morchella conica</i>	MFP	Forest	Natural	Plenty	Rare	Indigestion,phlegm,shortness of breath	Whole part
Fungi		<i>Morchilla esculenta</i>	MFP	Forest	Natural	Plenty	Rare	Edible,laxative,Body tonic,stomach problem,economical beneficial	Whole part
Fungi		<i>Aricus campestris</i>	MFP	Forest	Natural	Plenty	Rare	treatment of cancer,Type-2 diabetes,high-cholesterol,digestive problem	Whole part
Fungi		<i>Agaricusmacr ocarpus</i>	MFP	Forest	Natural	Plenty	Rare	Intoxicating drink,edible	Whole part
Fungi		<i>Cantharellus cibarius</i>	MFP	Forest	Natural	Plenty	Rare	Anti-microbial,cytotoxicity,Anti-oxidant,wound healing	Whole part
Fungi		<i>Coprinus atramentarius</i>	MFP	Forest	Natural	Plenty	Rare	Balancing blood sugar level,diabetes properties	Whole part
Fungi		<i>Caprinus comatus</i>	MFP	Forest	Natural	Plenty	Rare	Mimics insulin	Whole part
Fungi		<i>Schizophyllum commune</i>	MFP	Forest	Natural	Plenty	Rare	Anti-cancer activity,edible	Whole part
Fungi	Datura	<i>Geatrum triplex</i>	MFP	Forest	Natural	Plenty	Rare	Analgesic,anti-inflammatory,treatment of stomach	Whole part
Fungi		<i>Fomes fomentarius</i>	MFP	Forest	Natural	Plenty	Rare	Laxative,Treatment of cancer	Whole part
Fungi		<i>Fomitopsis pinicola</i>	MFP	Forest	Natural	Plenty	Rare	Anti-tumor,anti-bacterial,anti-viral	Whole part
Fungi		<i>Ganoderma applanatum</i>	MFP	Forest	Natural	Plenty	Rare	Cancer treatment,diabetics	Whole part
Fungi		<i>Ganoderma lucidum</i>	MFP	Forest	Natural	Plenty	Rare	anti-inflammation,Analgesic,Anti-bacterial	Whole part
Fungi		<i>Trametes versicolor</i>	MFP	Forest	Natural	Plenty	Rare	Enhance the health of immune system	Whole part

Fungi		<i>Sparassis crispa</i>	MFP	Forest	Natural	Plenty	Rare	Anti-tumor, Anti-inflammatory, Anti-allergic	Whole part
Fungi		<i>Pleurotus spp.</i>	MFP	Forest	Natural	Plenty	Rare	Anti-Tuber, anti-genotoxic, Anti-oxidant	Whole part
Herb		<i>Amaranthus viridis</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of fever, pain, asthma	Whole part
Herb		<i>Allium cepa</i>	MFP	Forest	Natural	Plenty	Rare	Antiinflammatory, antiseptic	Bulb, Leaves
Herb		<i>Allium humile kunth</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of cholera, dysentery, cough	Bulbs
Herb		<i>Allium sativum</i>	MFP	Forest	Natural	Plenty	Rare	Fever, diabetics, swellings	Bulbs
Herb		<i>Allium semenovii</i>	MFP	Forest	Natural	Plenty	Rare	Reduce blood calastrol level	Bulbs
Herb		<i>Bupleurum bupjucundum</i>	MFP	Forest	Natural	Plenty	Rare	Respiratory infection, swine flu	Aerial Part
Herb		<i>Bupleurum longifolium</i>	MFP	Forest	Natural	Plenty	Rare	Respiratory infection, swine flu	Aerial Part
Herb		<i>Coriandrum sativum</i>	MFP	Forest	Natural	Plenty	Rare	Measals, hemorrhoids, toothache & joint pain	Leaves, Seeds
Herb		<i>Oenanthe javanica</i>	MFP	Forest	Natural	Plenty	Rare	Joundice, abdomnal pain	Whole part
Herb		<i>Pleurosermu m brunonis</i>	MFP	Forest	Natural	Plenty	Rare	To cure skin infections, joundice, insect repllents	Flowers
Herb		<i>Pleurosermu m stellatum</i>	MFP	Forest	Natural	Plenty	Rare	To make black or red dye, water proof black ink	Flowers
Herb		<i>Aralia cachemirica</i>	MFP	Forest	Natural	Plenty	Rare	To treat RH, Nephritis, Gastritis, inflammation	Whole part
Herb		<i>Arisaema propinquum</i>	MFP	Forest	Natural	Plenty	Rare	Uses in snake bite, RH	Rhizomes
Herb		<i>Begonia rubella</i>	MFP	Forest	Natural	Plenty	Rare	Cure arthrites & common join pain	Whole part
Herb		<i>Hackelia uncinata</i>	MFP	Forest	Natural	Plenty	Rare	Used to cure fractured bones	Leaves, Flowers
Herb		<i>Myosotis alpestris</i>	MFP	Forest	Natural	Plenty	Rare	Lotion for wounds nose bleed	Whole part
Herb		<i>Onosma hispidum</i>	MFP	Forest	Natural	Plenty	Rare	Used as food & medicine, wounds	Roots

Herb		<i>Alliaria petiolata</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of bronchitis, asthma, & Rh	Whole part
Herb		<i>Arabis bijuga</i>	MFP	Forest	Natural	Plenty	Rare	Gastro-intestinal problems, dysentery & stomach ache	Whole part
Herb		<i>Hesperis matronalis</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of Scurvy, oil used in perfumery	Leaves, Flowers
Herb		<i>Lepidium virginicum</i>	MFP	Forest	Natural	Plenty	Rare	To treat vitamin-C deficiency, pains & diabetes	Whole part
Herb		<i>Raphanus sativus</i>	MFP	Forest	Natural	Plenty	Rare	To treat constipation, chronic tracheitis & hypertension	Leaves root
Herb		<i>Sisymbrium irio</i>	MFP	Forest	Natural	Plenty	Rare	Edible, Treat cough & chest congestion, Rh & clean wounds	Leaves, Flowers
Herb		<i>Thlaspi arvense</i>	MFP	Forest	Natural	Plenty	Rare	Antidote, Blood tonic	Seed, Leaf
Herb		<i>Thlaspi cochleariforme</i>	MFP	Forest	Natural	Plenty	Rare	Treated chronic problems related to menses	Leaves, Flowers
Shrub		<i>Sarcococca prunifolia</i>	MFP	Forest	Natural	Plenty	Rare	Laxative, blood purifier	Leaves, Root
Herb		<i>Codonopsis clematidea</i>	MFP	Forest	Natural	Plenty	Rare	Increase red & white blood cells counts & promote blood circulation	Leaves, Flowers
Herb		<i>Codonopsis ovata</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of ulcers & wounds	Leaves, Flowers
Herb		<i>Cyananthus lobatus</i>	MFP	Forest	Natural	Plenty	Rare	Laxative, treatment of serous disorders & constipation	Leaves, Root
Shrub		<i>Lonicera oblate</i>	MFP	Forest	Natural	Plenty	Rare	Used for digestive disorders, including pain & swelling	Aerial Part
Shrub		<i>Scabiosa speciosa</i>	MFP	Forest	Natural	Plenty	Rare	To treat heel cracks, liver diseases	Leaves
Herb		<i>Arenaria bryophylla Fernald</i>	MFP	Forest	Natural	Plenty	Rare	useful in diarrhoea & vomiting	Aerial Part

Herb		<i>Cerastium cerastoides</i> (L.) Britton	MFP	Forest	Natural	Plenty	Rare	Anti bacterial activity	Flowers, stem
Herb		<i>Dianthus angulatus</i> Baumg	MFP	Forest	Natural	Plenty	Rare	Used as a tonic for urinary system, digestive system & bowels	Leaves
Herb		<i>Anaphalis nepalensis</i> (Spreng.) Hand.-Mazz.	MFP	Forest	Natural	Plenty	Rare	Respiratory problems including asthma, cough etc.	Flowers
Herb		<i>Anaphalis triplinervis</i> (Sims) C. B. Clarke	MFP	Forest	Natural	Plenty	Rare	Emilepsy, laceration of toes & wounds	Flowers
Herb		<i>Anaphalis margaritacea</i> L.	MFP	Forest	Natural	Plenty	Rare	Diarrhoea, dysentery, Rh, joints	Flowers
Herb		<i>Artemisia dubia</i> Wall.	MFP	Forest	Natural	Plenty	Rare	Cuts & wounds	Leaves
Herb		<i>Artemisia scoparia</i> Waldst. & Kitam.	MFP	Forest	Natural	Plenty	Rare	Anticeptic, Antipyretic	Leaves
Herb		<i>Artemisia vestita</i> Wall. ex Besser	MFP	Forest	Natural	Plenty	Rare	Inflammatory diseases	Leaves
Herb		<i>Aster diplostephioides</i> (DC.) C. B. Clarke	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Aster falconeri</i> (C. B. Clarke) Hutch.	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Flowers, Root
Herb		<i>Aster flaccidus</i> Bunge	MFP	Forest	Natural	Plenty	Rare	Tuberculosis & pertussis	Flowers, Root

Herb		<i>Aster molliusculus</i> (Lindl. ex DC.) C.B.Clarke	MFP	Forest	Natural	Plenty	Rare	Antibacterial, skin infection, ulcers & wounds	Flowers, Root
Herb		<i>Cicerbita macrorrhiza</i> (Royle) Beauverd	MFP	Forest	Natural	Plenty	Rare	Fever	Whole part
Herb		<i>Gnaphalium stewartii</i> C.B.Clarke	MFP	Forest	Natural	Plenty	Rare	Sciatica, Rh pain	Leaves, Flowers
Herb	Sunflower	<i>Helianthus annuus</i> L.	MFP	Forest	Natural	Plenty	Rare	High fever, snake bite	Leaf, Seed
Herb	Pushkarmula	<i>Inula grandiflora</i> Willd.	MFP	Forest	Natural	Plenty	Rare	Chronic bronochits & Rh	Rhizomes
Herb	Gomchooi	<i>Ligularia fischeri</i> (Ledeb.) Turcz.	MFP	Forest	Natural	Plenty	Rare	Jaundice,Rh,Hepatic disease	Leaves, Flowers
Herb		<i>Sonchus asper</i> (L.) Hill	MFP	Forest	Natural	Plenty	Rare	Anti-bacterial & Anti-fungal	Leaves
Herb		<i>Tanacetum dolichophyllum</i> Kitam.	MFP	Forest	Natural	Plenty	Rare	Fever, migrana, headache, Rh	Flowers
Herb		<i>Tussilago farfara</i> L.	MFP	Forest	Natural	Plenty	Rare	Disorder of the respiratory tract, skin, cold	Leaf
Herb		<i>Waldheimia glabra</i> (Decne.) Regel	MFP	Forest	Natural	Plenty	Rare	Influenza virus & anti complementry extract	Leaves, Flowers
Herb		<i>Waldheimia tomentosa</i> (Decne.) Regel	MFP	Forest	Natural	Plenty	Rare	Stomach ache problem	Leaves, Flowers

Herb		<i>Youngia japonica (L.) DC.</i>	MFP	Forest	Natural	Plenty	Rare	Boils & snake bites	Leaves, Flowers
Herb		<i>Rhodiola heterodonta (Hook. f. & Thomson) Boriss.</i>	MFP	Forest	Natural	Plenty	Rare	Anxiety, fituge & dipression	Rhizomes
Herb		<i>Rhodiola wallichiana (Hook.) S.H. Fu</i>	MFP	Forest	Natural	Plenty	Rare	Anxiety, fituge & dipression	Leaves, Flowers
Herb		<i>Rosularia alpestris (Kar. & Kir.) Boriss.</i>	MFP	Forest	Natural	Plenty	Rare	Ornamental garden plants, Traditional Medicines	Whole part
Climber		<i>Cucumis sativus L.</i>	MFP	Forest	Natural	Plenty	Rare	Blemished skin, heart rash, burns, sores	Whole part
Climber		<i>Cucurbita pepo L.</i>	MFP	Forest	Natural	Plenty	Rare	Anti inflamentry, anti viral, anti ulcer	Whole part
Shrub		<i>Datisca cannabina L.</i>	MFP	Forest	Natural	Plenty	Rare	Treatment of Rh	Root
Herb		<i>Equisetum arvense L.</i>	MFP	Forest	Natural	Plenty	Rare	Stop bleeding, heal ulcer & wounds	Whole part
Shrub		<i>Gaultheria trichophylla Royle</i>	MFP	Forest	Natural	Plenty	Rare	Anti oxidant & anti inflamentry	Whole part
Herb		<i>Euphorbia cornigera Boiss.</i>	MFP	Forest	Natural	Plenty	Rare	Breathing disorders including asthma, bronchitis	Leaves, Flowers
Herb		<i>Euphorbia thomsoniana Boiss.</i>	MFP	Forest	Natural	Plenty	Rare	Breathing disorders including asthma, bronchitis	Leaves, Flowers
Tree		<i>Quercus baloot Griff.</i>	B/L	Forest	Natural	Plenty	Rare	Anti bacterial potential	Whole part
Tree		<i>Quercus semecarpifolia Sm.</i>	B/L	Forest	Natural	Plenty	Rare	Diarrhoea, dysentry	Whole part

Herb		<i>Gentiana cachemirica</i> Decne.	MFP	Forest	Natural	Plenty	Rare	Digession problem	Leaves, Flowers
Herb		<i>Gentiana ornata</i> (D.Don) Wall. ex Griseb.	MFP	Forest	Natural	Plenty	Rare	Diarrhoea, dysentry	Leaves, Flowers
Herb		<i>Gentiana phyllocalyx</i> C.B Clarke	MFP	Forest	Natural	Plenty	Rare	Diarrhoea, dysentry	Leaf, sepal
Herb		<i>Gentiana tianschanica</i> Rupr. ex Kusn.	MFP	Forest	Natural	Plenty	Rare	Digession problem	Whole part
Herb		<i>Gentianella moorcroftiana</i> (Wall. ex Griseb.) Airy Shaw	MFP	Forest	Natural	Plenty	Rare	Cold cough, nausea	Leaf
Herb		<i>Jaeschkea oligosperma</i> Knobl.	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Swertia ciliata</i> (D. Don ex G. Don) B.L. Burt	MFP	Forest	Natural	Plenty	Rare	Skin diseases, cancer	Whole part
Herb		<i>Swertia petiolata</i> Royle ex D.Don	MFP	Forest	Natural	Plenty	Rare	Inflammation of the liver & high blood pressure	Whole part
Herb		<i>Swertia speciosa</i> G.Don	MFP	Forest	Natural	Plenty	Rare	Asthma, liver disorder	Root
Herb		<i>Erodium cicutarium</i> L. (L.) Her	MFP	Forest	Natural	Plenty	Rare	Typhoid, fever	Whole part

Herb		<i>Geranium lambertii Sweet</i>	MFP	Forest	Natural	Plenty	Rare	Skin problem, reduces stress	Dried leaves
Herb		<i>Geranium himalayense Klotzsch</i>	MFP	Forest	Natural	Plenty	Rare	Garden uses, beds & borders	Whole part
Herb		<i>Geranium nepalense Sweet</i>	MFP	Forest	Natural	Plenty	Rare	Nervous diseases, pains, Rh	Whole part
		<i>Geranium pusillum L.</i>	MFP	Forest	Natural	Plenty	Rare	Used as an Anodyne, Astringent	Whole part
Herb		<i>Geranium rotundifolium L.</i>	MFP	Forest	Natural	Plenty	Rare	Used as an Anodyne, Astringent	Whole part
Herb		<i>Geranium wallichianum D.Don ex Sweet</i>	MFP	Forest	Natural	Plenty	Rare	Peptic ulcers, cure toothache	Whole part
Shrub		<i>Ribes nigrum L.</i>	MFP	Forest	Natural	Plenty	Rare	Useful in allergy, fatigue, rheumatisms	Whole part
Shrub		<i>Ribes himalense Royle ex Decne.</i>	MFP	Forest	Natural	Plenty	Rare	Used as food & medicine	Fruit
Herb		<i>Hypericum japonicum Thunb.</i>	MFP	Forest	Natural	Plenty	Rare	Asthma & dysentery	Leaves, Flowers
Shrub		<i>Philadelphus tomentosus wall ex G. Don</i>	MFP	Forest	Natural	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb		<i>Ajuga integrifolia Buch.-Ham.</i>	MFP	Forest	Natural	Plenty	Rare	Diarrhea, Malaria	Leaf
Herb		<i>Clinopodium vulgare L.</i>	MFP	Forest	Natural	Plenty	Rare	Overcome weak digestion	leaves

Herb		<i>Elsholtzia ciliata</i> (Thunb.) Hyl.	MFP	Forest	Natural	Plenty	Rare	Common cold, fevers, headache	Whole part
Shrub		<i>Isodon rugosus</i> (Wall. ex Benth.) Codd	MFP	Forest	Natural	Plenty	Rare	Tooth ache, gastric pain,	Whole part
Herb		<i>Lamium album</i> L.	MFP	Forest	Natural	Plenty	Rare	Abnormal vaginal discharge, & to relieve painful periods	Leaves, Flowers
Herb		<i>Leonurus cardiaca</i> L.	MFP	Forest	Natural	Plenty	Rare	Gynecological afflictions	Seed
Herb		<i>Mentha arvensis</i> L.	MFP	Forest	Natural	Plenty	Rare	Diarrhea & Dysentery, stomach problem	Leaves
Herb	Soyabean	<i>Glycine max</i> (L.) Merr.	MFP	Forest	Natural	Plenty	Rare	Treatment of oedema, dysuria	Seed
Herb		<i>Lotus corniculatus</i> L.	MFP	Forest	Natural	Plenty	Rare	Anti-inflammatory, Skin inflammation	Flowers
Shrub		<i>Robinia pseudoacacia</i> L.	MFP	Forest	Natural	Plenty	Rare	Wounds, Pain reliever	Dried leaves
Herb		<i>Trifolium pratense</i> L.	MFP	Forest	Natural	Plenty	Rare	Antispasmodic, Anti-inflammatory	Leaves flower
Herb		<i>Trifolium repens</i> L.	MFP	Forest	Natural	Plenty	Rare	Gout, Cough, Eyewash	Leaves flower
		<i>Vicia rigidula</i> Royle	MFP	Forest	Natural	Plenty	Rare	Weight loss	Leaves flower
Herb		<i>Fritillaria roylei</i> Hook.	MFP	Forest	Natural	Plenty	Rare	Anti-Asthmatic, Anti- Rh	Root
Herb		<i>Lilium polyphyllum</i> D. Don	MFP	Forest	Natural	Plenty	Rare	Diuretic, Anti-pyruetic	Bulbs
Herb		<i>Lavatera cachemiriana</i> Cambess.	MFP	Forest	Natural	Plenty	Rare	Throat problem, mild laxative	Leaf, Flower

Tree		<i>Ficus carica L.</i>	MFP	Forest	Natural	Plenty	Rare	Respiratory problems, Anti-inflammatory	Fruit, leaves
Tree		<i>Morus alba L.</i>	MFP	Forest	Natural	Plenty	Rare	Asthma, Bronchitis	Bark
Climber		<i>Jasminum humile L.</i>	MFP	Forest	Natural	Plenty	Rare	Heart bowels, Astringent	Roots, Flower
Climber		<i>Jasminum officinale L.</i>	MFP	Forest	Natural	Plenty	Rare	Hepatitis, Diarrhea, Cancer treatment	Flower
Shrub		<i>Syringa emodi Wall. ex. Royle.</i>	MFP	Forest	Natural	Plenty	Rare	Stomach treatment, intestinal problems	Seed, Fruit
Herb		<i>Epilobium angustifolium L.</i>	MFP	Forest	Natural	Plenty	Rare	Anti-septic, ulcers, inflammation	Whole part
Herb		<i>Epilobium latifolium L.</i>	MFP	Forest	Natural	Plenty	Rare	Analgesic, Antidote	Whole part
		<i>Epilobium royleanum Hausskn.</i>	MFP	Forest	Natural	Plenty	Rare	Treatment & prostate bladder	Whole part
Herb		<i>Calanthe tricarinata Lindl.</i>	MFP	Forest	Natural	Plenty	Rare	Asthma, Coughing	Leaves flower
Herb		<i>Cypripedium cordigerum D. Don</i>	MFP	Forest	Natural	Plenty	Rare	Fever, Backache	Fruit
Shrub		<i>Arundo donax L.</i>	MFP	Forest	Natural	Plenty	Rare	Basket making, Diuretic, Diaphroetic	Grass
Herb		<i>Bothriochloa ischaemum (L.) Keng</i>	MFP	Forest	Natural	Plenty	Rare	Agro-forestry use	Grass
Herb		<i>Bromus catharticus Vahl</i>	MFP	Forest	Natural	Plenty	Rare	Agro-forestry use	Grass
Herb		<i>Aquilegia fragrans Benth.</i>	MFP	Forest	Natural	Plenty	Rare	Sedative, Diarrhea, jaundice	Whole part

Herb		<i>Aquilegia nivalis Falc. ex B. D. Jacks.</i>	MFP	Forest	Natural	Plenty	Rare	Cough & Cold	Rhizomes
Herb		<i>Delphinium brunonianum Royle</i>	MFP	Forest	Natural	Plenty	Rare	Local Medicines, Use as oil	Whole part
Herb		<i>Delphinium cashmerianum Royle</i>	MFP	Forest	Natural	Plenty	Rare	Intestinal worms, insomnia	Roots
Herb		<i>Delphinium vestitum Wall. ex Royle</i>	MFP	Forest	Natural	Plenty	Rare	Cuts, Dysentery, Rh, Ulcers	Leaves
Herb		<i>Ranunculus distans Royle</i>	MFP	Forest	Natural	Plenty	Rare	Anti-Rh, Intermittent fever	Leaves
Herb		<i>Ranunculus hirtellus Royle</i>	MFP	Forest	Natural	Plenty	Rare	Curing swelling in testes	Leaves, Flowers
Herb		<i>Thalictrum foliolosum DC.</i>	MFP	Forest	Natural	Plenty	Rare	Tonic diuretic, Snakebite, jaundice, Rh	Roots
Herb		<i>Thalictrum virgatum Hook. & Thomson</i>	MFP	Forest	Natural	Plenty	Rare	Fever, dysentery, Bloodshot eyes, sore throat	Root, Rhizomes
Herb		<i>Potentilla cuneata Wall. ex Lehm.</i>	MFP	Forest	Natural	Plenty	Rare	Diarrhea, menstrual bleeding	Leaves, Flowers
Tree		<i>Populus ciliata Wall. ex Royle</i>	B/L	Forest	Natural	Plenty	Rare	Making boxes for packing purposes, furniture & cross beams	Whole part
Shrub	White/ Kashmir willow	<i>Salix alba L.</i>	MFP	Forest	Natural	Plenty	Rare	Cold, fever & joint pains	Bark, Stem
Herb	Guggi Van	<i>Pleurospermum candollei</i>	MFP	Forest	Natural	Plenty	Rare	Used in folk medicines	Whole part

Format-14 : Timber Plants/ Trees.

1	2	3	4	5		6	7	8	9	10
Plant Type	Local Name	Scientific Name	Habitat	Local status		Wild/ home garden	Other uses (multi)	Associated TK	Other details	Community/ Know holder
				Past	Present					
	Deodar	<i>Cedrus deodara</i>				Wild	Timber			
	Fir	<i>Abies pindrow</i>								
	Kail	<i>Pinus wallichiana</i>								
	Spruce	<i>Picea smithiana</i>					Timber			
	Popular	<i>Populus ciliata</i>								

FORMAT 17 : Markets/Fairs for Domesticated Animals, Medicinal Plants and other Products

1	2	3	4	5	6	7	8	9
Name of the weekly Market Fair	Location	Weekly /Fortnightly & Others Bi-Annual/Annual	Day Held	Month in case of BI-Annual or Annual Market Fair	Types of Animal Bought & Sold	No of Animals transacted in a day Average	Places from where the Animals are arrived	Places to where the Animals are transported
Annual Fruit Market during Hud Mata Trisandya Yatra	Janakpur	Annual	Hud mata Trisandya yatra	June - July	Sheep Goat	Nil	Nil	Nil
Navratra Dilgoot	Ramdhan - Jamia Maszid building		Eve of Eid-ul-Zuh & Shiv Ratri in Janakpur Village					

Format-18 : Trees, Shrubs, Herbs, Tubers, Grasses, Climbers etc.

1	2	3	4	5	6		7	8	9	10	11
Plant Type	Local Name	Scientific Name	Habit	Habitat	Local status		Commercial/ own use	Part collected	Associated Tk	Other details	Community Knowledge Holder
					Past	Present					
Shurb	Ban Kakkri	<i>Podophyllum hexandrum</i>	Grow Annually	Forest	Plenty	Endangered	<i>Useful to the skin for removal of warts, including plantar warts & sexually transmitted warts.</i>	Fruit			Inhabitants of the area.
Herb	Kuth	<i>Saussurea costus</i>	Grow Annually	Forest	Plenty	Rare	<i>The root & oil from the root are used to make medicine. treating for asthma, cough, gas, worm(nemotode).</i>	Root/ Rhizome			
Herb	Murg jawain, Bajarbhang	<i>Hyoscyamus niger</i>	Grow Annually	Forest	Plenty	Rare	<i>Useful for ailments of the bones, Rh, toothache, asthma, cough nervous disease & stomach pain.</i>	Seeds			
Herb	Guggal/Dhoop	<i>Jurinea dolomiaca</i>	Grow Annually	Forest	Plenty	Rare	<i>useful for the treatment of fevers. The root extract is used as an incense, skin eruption, gout & Rh,</i>	Roots			
Herb	Rohan-hak/Pran/ Gogcheegma	<i>Allium carolinianum</i>	Grow Annually	Forest	Plenty	Rare	<i>Contain sulphur compounds (which give them their onion flavour) help to reduce blood cholesterol levels, acts as a tonic to the digestive system</i>	Bulbs, Leaves, Flowers			

Herb	Gaozabaan (Ratanjot)	<i>Amebia benthami</i>	Grow Annually	Forest	Plenty	Rare	<i>Used for imparting pleasing red colour to fodstuff,oils & fats. The flowering shoots are used in prepration of Shrubet(syrup) & jam useful in various disease of tongue,throat,fever & cardiac disorders</i>	Roots, Rhizomes
Shurb	Dhatura	<i>Dhatura metel</i>	Grow Annually	Forest	Plenty	Rare	<i>Used to treat hydrophobia,epilepsy,convulsion,syphilis,inflammation of the breasts,smallpox,mumps & leprosy,also used as a pesticide.</i>	Seeds
Shurb	Seski (murin)	<i>Artemisia brevifolia</i>	Grow Annually	Forest	Plenty	Rare	<i>Used as a digestive & carminative & hence mixed with meat dishes,known to be an anthelmintic,aphrodisiac,antiseptic,laxative,blood purifier & antidote to scorpion stings.</i>	Leaves
Herb	Zakhm-e-hayaat	<i>Bergenia ciliata</i>	Wild	Forest	Plenty	Rare	<i>Useful for the treatment of uterine contraction,ulcers,fever & kidney stone,also treat throat infection,diabetes.</i>	Leaves & Roots
Shurb	Kalveuth	<i>Prunella vulgaris</i>	Grow Annually	Forest	Plenty	Rare	<i>Useful to treat infections & other illnesses,inflammation,protect against cancer,prevent diabetes complications.</i>	Leaves & Flowers
	Ravend-Chini (Pambchalan)	<i>Rheum australe</i>	Grow Annually	Forest	Plenty	Sporadic	<i>Used as laxative & also used in various herbal preparations.</i>	Roots, Rhizomes

Herb	Handh	<i>Traraxacum officinale</i>	Grow Annually	Forest	Plenty	Rare	<i>Has a special effect on the organs involved in digestion, its coffee helps with liver damage & liver weakness as well as bile weakness, stimulate pancreas & kidney function.</i>	Leaves
Herb	Mushakbala	<i>Valeriana hardwickii</i>	Wild	Forest	Plenty	Rare	<i>Useful in epilepsy, hysteria, hypochondriasis, nervous unrest & skin diseases.</i>	Roots
Shurb	Kasrore	<i>Diplazium esculentum</i>	Grow Annually	Forest	Plenty	Rare	<i>Used as vegetable, dried rhizomes are used as an insecticide, decoction of this plant is used in the treatment of cough & sometimes as a tonic.</i>	Leaves
Herb	Patrees	<i>Aconitum heterophyllum</i>	Grow Annually	Forest	Plenty	Threatened	<i>Useful to treat bronchitis, persistent cough, upper respiratory tract infections, common cold, flu & malaria, treat fever, cough, vomiting & diarrhea.</i>	Roots
Shrub	Gur-Krandel	<i>Ferula jaeschkeana</i>	Wild	Forest	Plenty	Rare	<i>Treatment of asthma, whooping cough, flatulent colic, pneumonia, bronchitis</i>	Leaves, Flowers
Herb	Kour, Kutki, Kadu, Kadvi	<i>Picrorhiza kurroa</i>	Wild	Forest	Plenty	Rare	<i>Used for the treatment of jaundice, sudden liver infections caused by a virus, fever, allergy & asthma.</i>	Roots

Shurb	Kala Zeera	<i>Bunium persicum</i>	Grow Annually	Forest	Plenty	Rare	<i>Useful in treatment of gastro intestinal illnesses,including diarrhea & inflammatory bowel disease.</i>	Seeds
Herb	Rumkath, Budarkath (Gidar Tambakoo)	<i>Verbascum thapsus</i>	Wild	Forest	Plenty	Rare	<i>Useful to treat pulmonary problems ,inflammatory diseases,asthma,diarrhoea & migraine headaches.</i>	Leaves
Herb	Kasnil Hand	<i>Cichorium intybus</i>	Grow Annually	Forest	Plenty	Rare	<i>Useful in treatment of liver disorders,diabetes,jaundice,gout,Rh</i>	Flowers
Shrub		<i>Cassiope fastigiata</i>	Wild	Forest	Plenty	Rare		Stem/ Branches
Herb	Pambechalan/ chukri	<i>Rheum emodi</i>	Grow Annually	Forest	Plenty	Rare	<i>Used in various traditional systems as laxative,tonic,fever,cough,indigestion & menstrual disorders.</i>	Roots
Tree		<i>Crataegus songarica</i>	Cultivated	Forest	Plenty	Rare	<i>Treatment against certain fungal & bacterial diseases.</i>	Roots

Tree	Zum	<i>Prunus cormuta</i>	Grow Annually	Forest	Plenty	Rare	<i>Helpful in the treatment of cancer.</i>	Timber
Herb		<i>Rumex nepalensis</i>	Grow Annually	Forest	Plenty	Rare	<i>A paste of the root is applied to swollen gums. The leaves are used in the treatment of colic. The juice of the leaves is applied externally to relieve headaches.</i>	Whole Plant
Herb		<i>Rumex acetosa</i>	Grow Annually	Forest	Plenty	Rare	<i>Useful to cure itchy skin & ringworm, laxative.</i>	Leaves
Herb		<i>Sinopodophyllum hexandrum</i>	Grow Annually	Forest	Plenty	Rare	<i>Used for the ayurvedic treatment of warts, skin diseases.</i>	Roots, Rhizomes, Resin
		<i>Aconitum</i>	Grow Annually	Forest	Plenty	Rare	<i>In homeopathy, used to treat fear, anxiety & restlessness, acute sudden fever.</i>	Flowers, Roots
Herb	Choru/Chohori	<i>Angelica glauca</i> Edgw	Wild	Forest	Plenty	Rare	<i>Used in Dyspepsia, constipations, ulcer of plate, Dysentery, Roots are used as a drug wound and gastric pains</i>	Roots

Herb		<i>Galium aparine L</i>	Wild	Forest	Plenty	Rare	<i>used as diuretic,used to treat swollen lymph glands, tonsillitis and throat infections.</i>	Leaves,Stem
Herb	Mushkbala	<i>Valeriana jatamansi Jones</i>	Grow Annually	Forest	Plenty	Rare	<i>useful for epilepsy,hysteria,skin diseases & nervous unrest.</i>	Dried roots & Rhizomes
Tree	Fir	<i>Abies pindrow Spach</i>	Wild	Forest	Plenty	Rare	<i>used for treating fever,wheezing cough & cold.</i>	Seeds,Timber
Tree	Deodar	<i>Cedrus deodara (Roxb) G. Don</i>	Wild	Forest	Plenty	Rare	<i>used in neurological disorders,asthma,fever,arthritis & headache.</i>	Seeds ,Timber oil
Tree	Spruce	<i>Picea smithiana (Wall.) Boiss</i>	Wild	Forest	Plenty	Rare	<i>used in pulp industry to make paper,also used for construction shingles,crates & household purposes.</i>	Seeds,Timber
Tree	Chilgoza	<i>Pinus gerardiana Wall</i>	Wild	Forest	Plenty	Rare	<i>used in anti-bacterial,anti-viral,anti-fungal,anti-septic,& anti-hypertensive.</i>	Seeds

Tree	Kail	<i>Pinus wallichiana Jackson</i>	Wild	Forest	Plenty	Rare	<i>useful in treating burning of the body, cough, fainting & ulcers.</i>	Timber
Herb		<i>Asplenium dathousiae Hook</i>	Grow Annually	Forest	Plenty	Rare	<i>Effective in typhiod, expectorant, anthelmintic & laxative.</i>	Leaves
Herb		<i>Colocassia esculenta (L.) Schott</i>	Grow Annually	Forest	Plenty	Rare	<i>used for the treatment of asthma, arthritis, diarrhea, neurological disorders.</i>	Leaves
Herb	Drub	<i>Cynodon dactylon (L) Pers</i>	Wild	Forest	Plenty	Rare	<i>used as a laxative, coolant, expectorant, & as a brain & hert tonic used for all types of bleedings & skin troubles.</i>	Whole plant
Herb	Kai	<i>Saccharum spontaneum L</i>	Grow Annually	Forest	Plenty	Endangered	<i>useful in treatment of dyspepsia, burning sensation, piles, sexual weakness, gynecological troubles, respiratory troubles.</i>	Flowers, Grass
Tree	Postul/Brahmi	<i>Taxus baccata L</i>	Grow Annually	Forest	Plenty	Rare	<i>useful for treating common cold, cough, fever & pain.</i>	Leaves, Bark

Herb		<i>Geranium robertianum L</i>	Grow Annually	Forest	Plenty	Rare	<i>useful for the treatment of diabetes, bleedings, stomach ailments, kidney infections, jaundice etc.</i>	Leaves
Shrub	Sanglidhoop	<i>Skimmia anquetilia</i> <i>N.P Taylor & Airy Shaw</i>	Wild	Forest	Plenty	Rare	<i>used for treatment of swellings, rheumatism & therapy.</i> <i>Powder of its bark is used for the healing of burns & wounds.</i>	Leaves
Shrub	Beri	<i>Zizyphus oxyphylla</i> <i>Edgw</i>	Grow Annually	Forest	Plenty	Rare	<i>used to treat diabetes, fever, dysentery, as well as blood & skin diseases</i>	Fruit
Tree	Horse chest nut	<i>Aesulus hippocastanum L</i>	Grow Annually	Forest	Plenty	Rare	<i>used for treatment of dysentery, bronchitis, hemorrhoids.</i>	Leaves
Tree	Kanjat	<i>Acer caesium</i> <i>Wallich ex Brandis</i>	Wild	Forest	Plenty	Rare	<i>used for treatment of muscular swelling, boils & pimples</i>	Leaves
Shrub		<i>Staphyiea emodi</i> <i>Wallich ex Brandis</i>	Grow Annually	Forest	Plenty	Rare	<i>Used for making walking sticks</i>	Wood

Herb	Ban Tambaku	<i>Verbascum thapsus L</i>	Grow Annually	Forest	Plenty	Rare	<i>Inflammatory diseases, asthma, cough, diarrhoea</i>	Leaves
Herb		<i>Marrubium vulgare L</i>	Grow Annually	Forest	Plenty	Rare	<i>Digestion problem, breathin problem</i>	Whole plant
Herb	Jungli Pudina	<i>Mentha arvensis L</i>	Wild	Forest	Plenty	Rare	<i>As a food, stomach problem & allergy</i>	Leaves
Herb	Vena	<i>Mentha longifolia (L) Hudson</i>	Wild	Forest	Plenty	Rare	<i>Respraitory ailments, treat wounds</i>	Leaves
Herb	Kal viuth	<i>Prunella vulgaris L</i>	Wild	Forest	Plenty	Rare	<i>Protect against cancer, herpes</i>	Leaves
Herb	Kashmir sage	<i>Salvia hians Royle ex Benth</i>	Wild	Forest	Plenty	Rare	<i>Heal eye infections</i>	Aerial Parts

Herb	Dand jari	<i>Rhodiola himalensis (D.Don) S.H. Fu</i>	Wild	Forest	Plenty	Rare	<i>Help the body to resist physical, chemical & environmental stress</i>	Bark
Shrub	Hatab	<i>Parrotiopsis jacquemontiana (Decne) Rehder</i>	Wild	Forest	Plenty	Rare	<i>used for handles walking sticks</i>	Wood
Shrub	Anar	<i>Punica granatum L</i>	Wild	Forest	Plenty	Rare	<i>Treatment of cancer, osteo-arthritic</i>	Whole plant
Herb	Wallichos willow	<i>Epilobium latifolium L</i>	Grow Annually	Forest	Plenty	Rare	<i>Analgesic, anti-dote</i>	Whole plant
Herb	Wild Strawberry	<i>Fragaria nubicola Lindl ex Lacaleta</i>	Grow Annually	Forest	Plenty	Rare	<i>As food, treats profuse mensuration</i>	Fruit
Tree	Haadi	<i>Prunus armeniaca L</i>	Wild	Forest	Plenty	Rare	<i>Antispasmodic, chronic bronchitis</i>	Whole plant

Shrub		<i>Rubus hoffmeisterianus Kunth & Bouche</i>	Grow Annually	Forest	Plenty	Rare	<i>Anti-microbial, anti-cancer</i>	Root,Tubers
Herb	Patrishi	<i>Aconitum heterophyllum Wallich ex Royle</i>	Wild	Forest	Plenty	Rare	<i>Treats reproductive disorders</i>	Not Available
Herb	Tatnu	<i>Caltha palustris L</i>	Wild	Forest	Plenty	Rare	<i>Treatment of fits & anemia</i>	Leaves,Stem
Herb	Jala-Kafal	<i>Atropa acuminata Royle</i>	Wild	Forest	Plenty	Rare	<i>used to make plasters ,in asthma</i>	Whole plant
Herb		<i>Datura stramonium L</i>	Wild	Forest	Plenty	Rare	<i>stomach pain toothache</i>	Seed
Herb		<i>Hyoscyamus niger L</i>	Grow Annually	Forest	Plenty	Rare	<i>ailment of bones, nervous diseases</i>	Leaves,seeds

Herb		<i>Solanum nigrum L</i>	Wild	Forest	Plenty	Rare	<i>dysentery, fever & stomach complains</i>	Roots
Herb		<i>Solanum surattense Burm. F</i>	Grow Annually	Forest	Plenty	Rare	<i>bronchitis, cough & constipation</i>	Whole plant
Herb		<i>Digitalis lanata Ehrh</i>	Wild	Forest	Plenty	Rare	<i>heart condations, reduce swelling</i>	Leaves
Herb		<i>Digitalis purpurea L</i>	Grow Annually	Forest	Plenty	Rare	<i>treat heart failure, swelling</i>	Leaves
Herb		<i>Pedicularis pectinata Wall</i>	Grow Annually	Forest	Plenty	Rare	<i>muscle tension, neck & back pain</i>	Flower, Leaves
Herb		<i>Pedicularis punctata Decne</i>	Grow Annually	Forest	Plenty	Rare	<i>used in treatment of leucorrhoea, fevers, sterility, rheumatism.</i>	Root

Herb		<i>Picrorhiza kurrooa Benth</i>	Grow Annually	Forest	Plenty	Rare	<i>sudden liver infections, fever allergy</i>	Root,Rhizome
Herb		<i>Achyranthes aspera Linn</i>	Grow Annually	Forest	Plenty	Rare	<i>indigestion, snakebite</i>	Whole Plant
Herb		<i>Plantago lanceolata L</i>	Grow Annually	Forest	Plenty	Rare	<i>eye irritation, inflammation of mouth</i>	Leaves
Herb		<i>Plantago major L</i>	Grow Annually	Forest	Plenty	Rare	<i>wound healing, anti inflammation</i>	Aerial Parts
Herb		<i>Plantago himalaica Pilg</i>	Grow Annually	Forest	Plenty	Rare	<i>applied on wounds, anti microbial</i>	Leaves
Herb		<i>Bistorta amplexicaulis (D. Don) Greene</i>	Grow Annually	Forest	Plenty	Rare	<i>leaves as vegetables, tea, fever, joints</i>	Dried Rhizomes

Herb		<i>Oxyria digyna Hill</i>	Wild	Forest	Plenty	Rare	<i>used to treat scurvy, dysentery</i>	Leaves, Roots, Stem
Herb		<i>Aconogonum alpinum (All) Schur</i>	Grow Annually	Forest	Plenty	Rare	<i>as vegetable</i>	Leaves
Herb		<i>Rheum australe D. Don</i>	Grow Annually	Forest	Plenty	Rare	<i>Gastritis, blood purification</i>	Rhizomes, Roots
Herb		<i>Rheum moorcroftianum Royle</i>	Grow Annually	Forest	Plenty	Rare	<i>improve memory, renal function disorder</i>	Rhizomes, Roots
Herb		<i>Rumex acetosa L</i>	Grow Annually	Forest	Plenty	Rare	<i>Treatment of itchy skin, scurvy</i>	Leaves
Herb		<i>Rurnex hastatus D. Don</i>	Grow Annually	Forest	Plenty	Rare	<i>Treatment of bloody dysentery, aches in throat</i>	Root, Leaves, Seed

Herb		<i>Rurnex nepalensis Spreng</i>	Grow Annually	Forest	Plenty	Rare	<i>swollen gums,headache.body pain</i>	Root,seed,Leaf
Tree		<i>Daphne oleoides Schreib</i>	Grow Annually	Forest	Plenty	Rare	<i>cutaneous affections,gonorrhoea</i>	Bark,Leaves
Herb		<i>Jurinea dolomiaea Boiss</i>	Grow Annually	Forest	Plenty	Rare	<i>loss of apeteite, cold bronchitis</i>	Root
Herb		<i>Lactuca lessertiana (DC) C.B Clarke</i>	Grow Annually	Forest	Plenty	Rare	<i>curative properties</i>	Not available
Herb		<i>Leontopodium himalayanum DC</i>	Grow Annually	Forest	Plenty	Rare	<i>used in herbal and protect over skin</i>	Aerial Parts
Herb		<i>Saussurea albescence HK F & T</i>	wild	Forest	Plenty	Rare	<i>ornamental</i>	Whole plant

Herb		<i>Saussurea heteromalla (D. Don) Hand Mazz</i>	wild	Forest	Plenty	Rare	<i>horse bite, oil, leucoderma & wounds</i>	Leaf, root
Herb		<i>Saussurea lappa Clarke</i>	Grow Annually	Forest	Plenty	Rare	<i>anti ulcer, anti cancer</i>	Root
Herb		<i>Senecio amplexicaulis Wall</i>	Grow Annually	Forest	Plenty	Rare	<i>antifungal and phytotoxic</i>	Whole Plant
Herb		<i>Senecio gradiflorus DC</i>	Grow Annually	Forest	Plenty	Rare	<i>used in treatment of irregular menses, ease child birth</i>	Root
Herb		<i>Senecio nudicaulis Ham</i>	Grow Annually	Forest	Plenty	Rare	<i>used in treatment of fever and skin diseases</i>	Leaves
Herb		<i>Solidago virga aurea L</i>	wild	Forest	Plenty	Rare	<i>used in treatment of best pain, insomnia</i>	Flowers,Leaves

Herb		<i>Sonchus arvensis</i> Linn	Grow Annually	Forest	Plenty	Rare	<i>used in treatment of asthma,chest diseases</i>	Stems,Leaves
Herb		<i>Sonchus asper</i> Vill	Grow Annually	Forest	Plenty	Rare	<i>used in treatment of skin ailments,anti-bacterial</i>	Leaves,Stem, Tops
Herb		<i>Sonchus oleraceus</i> L	Grow Annually	Forest	Plenty	Rare	<i>used for blood purifier,anti-malarial</i>	Stem & Leaves
Herb		<i>Tanacetum gracile</i> Hook. F. & T	Grow Annually	Forest	Plenty	Rare	<i>used in treatment of intestinal worms,prevent miscarriage</i>	Dried Aerial Parts
Herb	Handh	<i>Taraxacum officinatum</i> Weber	wild	Forest	Plenty	Rare	<i>increase urine production,,decrease pain</i>	Fruits,Leaves
Shrub		<i>Lyonia ovalifolia</i> (Wallich) Drude	Grow Annually	Forest	Plenty	Rare	<i>treat skin disease,external parasite</i>	Leaves& Buds

Shrub		<i>Rhododendron campanulatum D. Don</i>	Wild	Forest	Plenty	Rare	<i>treat chronic rheumatism,headache</i>	Leaves
Shrub		<i>Elaeagnus parvifolia Wallich ex Royle</i>	Wild	Forest	Plenty	Rare	<i>anti-inflammatory anti-oxidant</i>	Flowers,Seed
Climber		<i>Viscum album L</i>	Wild	Forest	Plenty	Rare	<i>treatment of cardiac weakness,arrhythmia</i>	Leaves,Stem, Pea sized Berries
Herb		<i>Euphorbia cognata (Klotzsch & Garcke) Boiss</i>	Grow Annually	Forest	Plenty	Rare	<i>Breathing disorder,asthma</i>	Seed Stem
Herb		<i>Euphorbia rothiana Spreng</i>	Grow Annually	Forest	Plenty	Rare	<i>Rheumatism,warts,cough,asthma</i>	Stem Bark
Herb		<i>Euphorbia helioscopia L</i>	Wild	Forest	Plenty	Rare	<i>used in pharmaceutical industry.</i>	Leaves, Stem,Root

Herb		<i>Euphorbia wallichii</i> Hook F	Grow Annually	Forest	Plenty	Rare	<i>used against constipation</i>	Leaf,root
Shrub		<i>Sarcococca saligna</i> (D.Don) Meull Arg	Grow Annually	Forest	Plenty	Rare	<i>laxative ,blood purifier & muscular analgesic</i>	Leaf,Bark,Root
Herb		<i>Girardinia heterophylla</i> Decne	Grow Annually	Forest	Plenty	Rare	<i>used as soap/shampoo for washing,cattle fodder</i>	Whole Plant
Herb		<i>Urtica dioica</i> Linn	Wild	Forest	Plenty	Rare	<i>urinary tract infections</i>	Root
Tree	Brimij	<i>Celtis australis</i> Willd	Wild	Forest	Plenty	Rare	<i>treatment of amenorrhoea,heavy menstrual bleeding & colic</i>	Leaves,Root
Tree		<i>Ulmus wallichiana</i> Planch	Wild	Forest	Plenty	Rare	<i>used to heal body mind & skin</i>	Leaves

Herb		<i>Cannabis sativa L</i>	Wild	Forest	Plenty	Rare	<i>used for recreational or medicinal purposes</i>	Whole Plant
Herb		<i>Viola betoniifolia Smith</i>	Wild	Forest	Plenty	Rare	<i>used as sedative</i>	Whole Plant
Herb		<i>Violacanesens Wallich</i>	Grow Annually	Forest	Plenty	Rare	<i>used for cough .cold,flu,fever & malaria</i>	Leaf,Flower
Herb		<i>Viola indica W Becker</i>	Grow Annually	Forest	Plenty	Rare	<i>Respraitory tract congestion asthma ,sore throat</i>	Flowers
Herb		<i>Viola kunawarensis Royle</i>	Grow Annually	Forest	Plenty	Rare	<i>chronic bronchitic,asthma</i>	Flowers
Herb		<i>Dianthus jacquemontii Edgew</i>	Grow Annually	Forest	Plenty	Rare	<i>used to stimulates urinary system,digestive system & bowels</i>	Flowers

Herb		<i>Gypsophilla cerastioides D Don</i>	Grow Annually	Forest	Plenty	Rare	<i>used for production of photographic films</i>	Not Available
Herb		<i>Lychinus indica Benth</i>	Grow Annually	Forest	Plenty	Rare	<i>Source of soaps ,ornamentals purposes</i>	Roots,Flowers
Herb		<i>Silene edgeworthii Bocquet</i>	Grow Annually	Forest	Plenty	Rare	<i>Anti-cancer,anti-fungal & anti-viral</i>	Leaves
Herb		<i>Stellaria media L</i>	Grow Annually	Forest	Plenty	Rare	<i>cough ,cold constipation,burns</i>	Whole plant
Herb		<i>Hypericum elodeoides Choisy</i>	Grow Annually	Forest	Plenty	Rare	<i>treatment in mild to moderate depression</i>	Aerial Parts
Shrub		<i>Hypericum oblongifolium Choisy</i>	Wild	Forest	Plenty	Rare	<i>Hepatitis,gastric ulcers</i>	Aerial Parts

Herb		<i>Hypericum perforatum L</i>	Wild	Forest	Plenty	Rare	<i>Moderate depression ,anxiety & sleep disorders</i>	Aerial Parts
Herb	Suchal	<i>Malva neglecta Wallr</i>	Wild	Forest	Plenty	Rare	<i>Astringent,demulcent,diuretic</i>	Leaves,Floers ,Root
Herb		<i>Geranium polyanthes Edgew & H.F</i>	Wild	Forest	Plenty	Rare	<i>Tumor,cosmetic,laxative & hair colour</i>	Flower
Shrub	Tung	<i>Cotinus coggygnia Scop</i>	Grow Annually	Forest	Plenty	Rare	<i>Coagulant,fever reducer</i>	Leaves,Bark
Shrub		<i>Rhus succedanea L</i>	Wild	Forest	Plenty	Rare	<i>Treatment of phthisis</i>	Fruits
Herb		<i>Astragalus grahamianus Royle ex Benth</i>	Wild	Forest	Plenty	Rare	<i>Urinary disease,respiratory,skin problems</i>	Roots

Shrub		<i>Astragalus himalayana Kloitsch</i>	Grow Annually	Forest	Plenty	Rare	<i>Kidney disease,diabetes</i>	Gum
Shrub		<i>Indigofera heterantha Wallich ex Brandis</i>	Grow Annually	Forest	Plenty	Rare	<i>branches are used as basket making it is also used as fuel</i>	Floers ,Branches
Shrub		<i>Indigofera tinctoria L</i>	Grow Annually	Forest	Plenty	Rare	<i>used to treat nervous disorders,asthama, liver disease</i>	Flowering & Fruiting Branches
Herb		<i>Lathyrus aphaca Linn</i>	Grow Annually	Forest	Plenty	Rare	<i>used in the treatment of toothache</i>	Seed
Herb		<i>Oxytropis lapponica Wahlenb Gay</i>	wild	Forest	Plenty	Rare	<i>foilage & roots are used for detoxification, pain relief</i>	Roots
Herb		<i>Medicago lupulina Linn</i>	wild	Forest	Plenty	Rare	<i>flowers are used for making honey</i>	Flowers

Herb		<i>Medicago polymorpha</i> Linn	Grow Annually	Forest	Plenty	Rare	<i>leaves & young shoots are used for as food, used as green manure</i>	Leaves,Shoot
Herb		<i>Robinia prusoacacia</i> L	Grow Annually	Forest	Plenty	Rare	<i>dried leaves are used in treatment of wounds also used in treatment of fever.</i>	Dried Leaves
Herb		<i>Trifalium fragiferum</i> L	Grow Annually	Forest	Plenty	Rare	<i>used as green manure & flowers are used to make jelly</i>	Flowers,Leaves
Herb		<i>Triflum repens</i> L	Grow Annually	Forest	Plenty	Rare	<i>a lincture of the leves are applied as an ointmentto Govt.</i>	Flowers,Leaves
Herb		<i>Trigonella emodi Benth</i>	wild	Forest	Plenty	Rare	<i>Reduce fever</i>	Stem ,Leaves
Herb		<i>Vicia sativa</i> Linn	Grow Annually	Forest	Plenty	Rare	<i>seeds are used to form bread, cakas, biscuits</i>	Seed

Herb		<i>Vicia sepium Linn</i>	Grow Annually	Forest	Plenty	Rare	<i>used as nitrogen fixation used for hay or silage particulary arable silage.</i>	Rhizomes,Leaves
Tree		<i>Fiaus palmata Forsk</i>	Grow Annually	Forest	Plenty	Rare	<i>used for treatment of longs & bladder diseases</i>	Fruit
Tree		<i>Monus serrate Roxb</i>	Grow Annually	Forest	Plenty	Rare	<i>juice of the root is used as an anthelmintic.wood is used for making furniture</i>	Root ,Wood
Tree		<i>Platanus orientalis L</i>	Grow Annually	Forest	Plenty	Rare	<i>Making fabric dye,</i>	Dried leaves
Tree	Akhroot	<i>Juglans regia Linn</i>	wild	Forest	Plenty	Rare	<i>leaves are used in treatment of of chronic coughs,asthma & purify blood and treat diabetes</i>	Leaves,Fruit,
Tree		<i>Alnus nepalensis D. Don</i>	Wild	Forest	Plenty	Rare	<i>Used for making charcoal,reducing swelling of leg,juice is applied on burns</i>	Wood,Leaves ,Roots

Tree	Champ	<i>Alnus nitida (Spach) Endl.</i>	Grow Annually	Forest	Plenty	Rare	<i>Bark is used to treat swelling & body pain</i>	Bark
Tree	Bhoj patra	<i>Betula utilis D Don</i>	Wild	Forest	Plenty	Rare	<i>Bark is used for writing lengthy scriptures & texts,also used for packaging</i>	Bark
Tree		<i>Corylus jacquemontii Decne</i>	Wild	Forest	Plenty	Rare	<i>seeds are used as oil</i>	Seeds
Tree		<i>Quercus baloot Griffith</i>	Grow Annually	Forest	Plenty	Rare	<i>seeds are used in manufacturing of insecticides</i>	seeds
Tree		<i>Populus alba L</i>	Grow Annually	Forest	Plenty	Rare	<i>used in the treatment of arthritis,gout,lower back problem and reduce fever</i>	Stem,Bark
Tree		<i>Populus oliata Wallich ex Royle</i>	Grow Annually	Forest	Plenty	Rare	<i>used as fuel wood,also used as timber & making furniture</i>	Whole Plant

Shrub	Willow	<i>Salix alba Boiss</i>	Wild	Forest	Plenty	Rare	<i>stems are used in basket making.</i>	Stem
Shrub		<i>Berberis jaeschkeana C.K Schneider</i>	Wild	Forest	Plenty	Rare	<i>used in treatment of tumor</i>	Rhizomes, Fruit
Herb		<i>Podophyllum hexandrum Royle</i>	Wild	Forest	Plenty	Rare	<i>used to treat gynecology infections</i>	Rhizomes
Herb		<i>Meconopsis aculeata Royle</i>	Wild	Forest	Plenty	Rare	<i>used to help heal broken bones, treat inflammation from fractures</i>	Whole Plant
Herb		<i>Meconopsis latifolia Prain</i>	Grow Annually	Forest	Plenty	Rare	<i>used against ulcers, disorders of lungs.</i>	Flowers
Herb		<i>Papaver somniferum L</i>	Grow Annually	Forest	Plenty	Rare	<i>used for commercial purposes</i>	Whole Plant

Herb		<i>Corydalis cachemiriana</i> Royle	Grow Annually	Forest	Plenty	Rare	<i>used for mild depression</i>	Flowers,Stems,Leaves
Herb		<i>Corydalis rutifolia</i> (Sibth) DC	Grow Annually	Forest	Plenty	Rare	<i>various medicinal value</i>	Roots
Herb		<i>Corydalis thyrsoiflora</i> Prain	Wild	Forest	Plenty	Common Vulnerable	<i>used to treat stomach problem</i>	Leaves,Flowers
Herb		<i>Fumaria indica</i> Pugsley	Wild	Forest	Plenty	Rare	<i>used as a common weed,isolation & polyherbal</i>	Whole Plant
Herb		<i>Capsella bursa pastoris (L)</i> Moench	Wild	Forest	Plenty	Rare	<i>used as a folk remedy for cancer,nose bleeding</i>	Seeds,Leaves
Herb		<i>Erysimum melicetae</i> Dunn	Wild	Forest	Plenty	Rare	<i>used in medicine,food item</i>	Seeds

Herb		<i>Nasturtium officinale Br.</i>	Wild	Forest	Plenty	Rare	<i>leaves are used as a pungent garnish, eaten raw in salads</i>	Leaves, Flowers, Buds
Herb		<i>Brassica rapa L</i>	Wild	Forest	Plenty	Rare	<i>provides oils & vegetables, fodder</i>	Whole Plant
Herb		<i>Iris hookeriana M. Foster</i>	Grow Annually	Forest	Plenty	Rare	<i>used in aromatherapy, rhizomes given to babies to help in teething</i>	Rhizomes
Herb		<i>Iris kashmiriana Baker</i>	Grow Annually	Forest	Plenty	Rare	<i>used in treatment of joint pains</i>	Rhizomes
Herb		<i>Iris kemaonensis D. Don ex Royle</i>	Wild	Forest	Plenty	Rare	<i>flowers are used in herbal medicines</i>	Flowers
Herb		<i>Narcissus tazetta L</i>	Grow Annually	Forest	Plenty	Rare	<i>used in treatment of boils & mastitis</i>	Root

Herb		<i>Dioscorea deltoidea Wal ex Kunth</i>	Grow Annually	Forest	Plenty	Rare	<i>used in treatment of digestive disorders ,wound & burns</i>	Rhizomes
Herb		<i>Allium roylei Stern</i>	Wild	Forest	Plenty	Rare	<i>used in breeding programmes</i>	Leaves
Herb	Chingposh	<i>Colchicum luteum Baker</i>	Grow Annually	Forest	Plenty	Rare	<i>used as carminative & aphrodisiac,treatment of gout</i>	Corm,Seeds
Herb		<i>Fritillaria roylei Hook</i>	Grow Annually	Forest	Plenty	Rare	<i>used for healing wounds</i>	Roots
Herb		<i>Gagea elegans Wall</i>	Grow Annually	Forest	Plenty	Rare	<i>Used in the form of infusions or decoctions.</i>	Leaves
Herb		<i>Notholirion thomsonianum (Royle) Stapf</i>	Wild	Forest	Plenty	Rare	<i>Treatment of Various infectious Diseases espically intestinal.</i>	Flower,Leaves

Herb		<i>Polygonatum multiflorum (Linn.) All</i>	Grow Annually	Forest	Plenty	Rare	<i>used in wound healing being anti-bectarial</i>	Roots
Herb		<i>Polygonatum verticillatum All</i>	Grow Annually	Forest	Plenty	Rare	<i>used to cure cardiptionic,aphrodisiac</i>	Tender leaves, Young shoots
Herb		<i>Trillium gowanianum Wall</i>	Wild	Forest	Plenty	Rare	<i>used in dysentery, wound healing,menstral &sexual disorders.</i>	Rhiozomes,Roots
Herb		<i>Tulipa stellata Hook f</i>	Grow Annually	Forest	Plenty	Rare	<i>Used for sinus Pain ,Hay Fever& Headache.</i>	Whole Plant
Herb		<i>Arisaema jacquemontii Blume</i>	Wild	Forest	Plenty	Rare	<i>used for the treatment of dermatological disorders,used for phenols</i>	Root
Herbs		<i>Valeriana pyrolaefolia decne</i>	Wild	Forest	Plenty	Rare	<i>Usedb orally for anxiety& Psychological stress.</i>	Root

Herbs		<i>Dipsacus inermis Wall</i>	Wild	Forest	Plenty	Rare	<i>used in ayurvedic system of medicine</i>	Fresh & Dried Leaves
Herbs		<i>Achillea millefolium L</i>	Grow Annually	Forest	Plenty	Rare	<i>above ground parts used in cold, tonic & astringent</i>	Aerial Parts
Herbs		<i>Ainsliaea aptera DC.</i>	Grow Annually	Forest	Plenty	Rare	<i>roots used to relieve stomachache, acute fever & constipation</i>	Roots
Herbs		<i>Anaphalis nubigena Clarke</i>	Grow Annually	Forest	Plenty	Rare	<i>used as aromatic & antimicrobial</i>	Aerial Parts
Herbs	Mooin	<i>Artemisia Maritima L.</i>	Wild	Forest	Plenty	Rare	<i>antiseptic, diuretic & antipyretic</i>	Leaves ,Flowering
Shrub	Shutenger	<i>Rhododendron anthopogon D. Don</i>	Wild	Forest	Plenty	Rare	<i>treatment of constipation, didysentry, fever</i>	Leaves

Tree	Kahu	<i>Olea cuspidata Wallich ex G. Don</i>	Grow Annually	Forest	Plenty	Rare	<i>bark used for fracture, leave use for treatment of malaria, UTI</i>	Bark,Leaves
Herbs	Kazuban	<i>Arnebia benthamii (Wall. Ex G.Don) Johnston</i>	Grow Annually	Forest	Plenty	Rare	<i>used as red clour to food, oil & fats, plantalso used as diuretic, expectorant, tonic</i>	Flowering, Shoots & Roots
Herb	Bhang	<i>Cannabis sativa</i>	Grow Annually	Forest	Plenty	Rare	<i>Used as a source of industrial fibre,seed oil,food,recreation,religious & spritiual moods & medicine</i>	Leaves
Tree	Trikanni	<i>Acer pictum</i>	Grow Annually	Forest	Plenty	Rare	<i>Use as food ,medicine,ornamental & source of wood</i>	Whole plant
Tree	Heru	<i>Quercus ilex</i>	Grow Annually	Forest	Plenty	Rare	<i>Firewood & fodder</i>	Wood,Leaves ,
Tree	Bren	<i>Ulmus villosa</i>	Grow Annually	Forest	Plenty	Rare	<i>Medicinal ,aeromatic,anti-inflammatory,furniture</i>	Bark,Leaves

Tree	Bankhoor	<i>Aesculus indica</i>	Wild	Forest	Plenty	Rare	<i>Treatment of skin disease, Rh, astringent, narcotic, relief of headache</i>	Leaves,Flowers
Herb	Hamesh-Bahar	<i>Calendula officinalis</i>	Grow Annually	Forest	Plenty	Rare	<i>Applied on Skin disease, Burns</i>	Flower, leaf
Herb	Banafsha	<i>Viola odorata</i>	Grow Annually	Forest	Plenty	Rare	<i>Throat problem, Cold, cough</i>	Flower
Fungi		<i>Gyromitra esculenta</i>	Grow Annually	Forest	Rare	Rare	<i>Traditional Medicines</i>	Whole part
Fungi	Guchhi	<i>Morchilla esculenta</i>	Grow Annually	Forest	Rare	Rare	Edible, laxative, Body tonic, stomach problem, economical beneficial	Whole part
Fungi		<i>Peziza vesiculosa</i>	Grow Annually	Forest	Rare	Rare	<i>Traditional Medicines</i>	Whole part

Fungi		<i>Aricus campestris</i>	Grow Annually	Forest	Rare	Rare	treatment of cancer, Type-2 diabetes, high-cholesterol, digestive problem	Whole part
Fungi		<i>Schizophyllum commune</i>	Grow Annually	Forest	Rare	Rare	Anti-cancer activity, edible	Whole part
Fungi	Datura	<i>Geatrum triplex</i>	Grow Annually	Forest	Rare	Rare	Analgesic, anti-inflammatory, treatment of stomach	Whole part
Herb		<i>Bupleurum bupjucundum</i>	Wild	Forest	Plenty	Rare	Respiratory infection, swine flu	Aerial Part
Herb		<i>Bupleurum longifolium</i>	Wild	Forest	Plenty	Rare	Respiratory infection, swine flu	Aerial Part
Herb		<i>Coriandrum sativum</i>	Cultivated	Forest	Plenty	Rare	Measals, hemorrhoids, toothache & joint pain	Leaves, Seeds

Herb		<i>Cortia depressa</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Ligusticum elatum</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Oenanthe javanica</i>	Wild	Forest	Plenty	Rare	Joundice, abdomnal pain	Whole part
Herb		<i>Pleurosermum brunonis</i>	Wild	Forest	Plenty	Rare	To cure skin infections, joundice, insect repllents	Flowers
Herb		<i>Pleurosermum candollei</i>	Wild	Forest	Plenty	Rare	Used in folk medicines	Flowers
Herb		<i>Pleurosermum stellatum</i>	Wild	Forest	Plenty	Rare	To make black or red dye, water proof black ink	Flowers

Herb		<i>Selinum wallichinum</i>	Wild	Forest	Plenty	Rare	Garden uses beds & borders	Aerial Part
Herb		<i>Aralia cachemirica</i>	Wild	Forest	Plenty	Rare	To treat RH, Nephritis, Gastritis, inflammation	Whole part
Herb		<i>Arisaema propinquum</i>	Wild	Forest	Plenty	Rare	Uses in snake bite, RH	Rhizomes
Herb		<i>Begonia rubella</i>	Wild	Forest	Plenty	Rare	Cure arthrites & common join pain	Whole part
Herb		<i>Hackelia uncinata</i>	Wild	Forest	Plenty	Rare	Used to cure fractured bones	Leaves, Flowers
Herb		<i>Lindelofia longiflora</i>	Wild	Forest	Plenty	Rare	Folk medicines	Leaves, Flowers

Herb		<i>Myosotis alpestris</i>	Wild	Forest	Plenty	Rare	Lotion for wounds nose bleed	Whole part
Herb		<i>Onosma hispidum</i>	Wild	Forest	Plenty	Rare	Used as food & medicine, wounds	Roots
Herb		<i>Pseudomertensia moltkioides</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Pseudomertensia trollii</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Alliaria petiolata</i>	Cultivated	Forest	Plenty	Rare	Treatment of bronchitis, asthma, & Rh	Whole part
Herb		<i>Arabis bijuga</i>	Wild	Forest	Plenty	Rare	Gastro-intestinal problems, dysentery & stomach ache	Whole part

Herb		<i>Arcyosperma primulifolium</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb		<i>Barbarea vulgaris</i>	Wild	Forest	Plenty	Rare	Edible,,used as a salads	Leaves
Herb		<i>Cardamine macrophylla</i>	Wild	Forest	Plenty	Rare	Medicinal uses, as a vegetable	Leaves, Flowers
Herb		<i>Crucihimalaya himalaica</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Crucihimalaya mollissima</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Erysimum hieracifolium</i>	Wild	Forest	Plenty	Rare	Edible	Leaves

Herb		<i>Hesperis matronalis</i>	Wild	Forest	Plenty	Rare	Treatment of Scurvy,oil used in perfumery	Leaves, Flowers
Herb		<i>Lepidium virginicum</i>	Wild	Forest	Plenty	Rare	To treat vitamin-C deficiency,pains & diabetes	Whole part
Herb		<i>Raphanus sativus</i>	Cultivated	Forest	Plenty	Rare	To treat constipation,chronic tracheitis & hypertension	Leaves root
Herb		<i>Sisymbrium irio</i>	Wild	Forest	Plenty	Rare	Edible,Treat cough & chest congestion, Rh & clean wounds	Leaves, Flowers
Herb		<i>Thlaspi arvense</i>	Wild	Forest	Plenty	Rare	Antidote,Blood tonic	Seed, Leaf
Herb		<i>Thlaspi cochleariforme</i>	Wild	Forest	Plenty	Rare	Treated chronic problems related to menses	Leaves, Flowers

Shrub		<i>Sarcococca pruniformis</i>	Wild	Forest	Plenty	Rare	Laxative, blood purifier	Leaves, Root
Herb		<i>Campanula aristata</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Campanula cana</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Campanula latifolia</i>	Wild	Forest	Plenty	Rare	Local use as a food & medicine	Whole part
Herb		<i>Campanula pallida</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Codonopsis clematidea</i>	Wild	Forest	Plenty	Rare	Increase red & white blood cells counts & promote blood circulation	Leaves, Flowers

Inhabitants have

Herb		<i>Codonopsis ovata</i>	Wild	Forest	Plenty	Rare	Treatment of ulcers & wounds	Leaves, Flowers	have got knowledge w.r.t identification /common use of species	Bonafide purpose	
Herb		<i>Cyananthus lobatus</i>	Wild	Forest	Plenty	Rare	Laxative, treatment of serous disorders & constipation	Leaves, Root			
Shrub		<i>Abelia triflora</i>	Wild	Forest	Plenty	Rare	Used as a wood, walking sticks	Whole part			
Shrub		<i>Lonicera obovata</i>	Wild	Forest	Plenty	Rare	Used for digestive disorders, including pain & swelling	Aerial Part			
Shrub		<i>Scabiosa speciosa</i>	Wild	Forest	Plenty	Rare	To treat heel cracks, liver diseases	Leaves			
Herb		<i>Arenaria bryophylla Fernald</i>	Wild	Forest	Plenty	Rare	useful in diarrhoea & vomiting	Aerial Part			

Herb		<i>Cerastium cerastoides (L.) Britton</i>	Wild	Forest	Plenty	Rare	Anti bacterial activity	Flowers, stem
Herb		<i>Cerastium fontanum Baumg</i>	Wild	Forest	Plenty	Rare	Edible	Flowers, stem
Herb		<i>Dianthus angulatus Baumg</i>	Wild	Forest	Plenty	Rare	Used as a tonic for urinary system, digestive system & bowels	Leaves
Herb		<i>Gypsophila cerastoides D.Don</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb		<i>Myosoton aquaticum (L.) Moench</i>	Wild	Forest	Plenty	Rare	Treatment of fistula	Flowers, Seeds
Herb		<i>Minuartia kashmirica (Edgew. & Hook. f.) Mattf.</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers

Herb		<i>Silene conoidea L.</i>	Wild	Forest	Plenty	Rare	Herbal Medicines	Flowers
Herb		<i>Silene gonosperma (Rupr.) Bocquet</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Silene indica var. edgeworthii (Bocquet) Y.J.Nasir</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Silene indica (Roxb.) Roxb. ex Oth</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Stellaria decumbens Edgew.</i>	Wild	Forest	Plenty	Rare	Leaf vegetable, Salad	Leaf, Flower
Herb		<i>Parnassia nubicola Wall. ex Royle</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part

Herb		<i>Euonymus hamiltonianus</i> Wall	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Anaphalis nepalensis</i> (Spreng.) Hand.-Mazz.	Wild	Forest	Plenty	Rare	Respiratory problems including asthma, cough etc.	Flowers
Herb		<i>Anaphalis triplinervis</i> (Sims) C. B. Clarke	Wild	Forest	Plenty	Rare	Emilepsy, laceration of toes & wounds	Flowers
Herb		<i>Anaphalis margaritaceae</i> L.	Wild	Forest	Plenty	Rare	Diarrhoea, dysentry, Rh, joints	Flowers
Herb		<i>Artemisia dubia</i> Wall.	Wild	Forest	Plenty	Rare	Cuts & wounds	Leaves
Herb		<i>Artemisia scoparia</i> Waldst. & Kitam.	Wild	Forest	Plenty	Rare	Anticeptic, Antipyretic	Leaves

Herb		<i>Artemisia vestita</i> <i>Wall. ex Besser</i>	Wild	Forest	Plenty	Rare	Inflammatory diseases	Leaves
Herb		<i>Aster</i> <i>diplostephioides</i> <i>(DC.) C. B. Clarke</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Aster falconeri</i> (<i>C.</i> <i>B. Clarke</i>) <i>Hutch.</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers, Root
Herb		<i>Aster flaccidus</i> <i>Bunge</i>	Wild	Forest	Plenty	Rare	Tuberculosis & pertussis	Flowers, Root
Herb		<i>Aster molliusculus</i> <i>(Lindl. ex DC.)</i> <i>C.B. Clarke</i>	Wild	Forest	Plenty	Rare	Antibacterial, skin infection, ulcers & wounds	Flowers, Root
Herb		<i>Aster thomsonii</i> <i>C.B. Clarke</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers, Root

Herb		<i>Carduus edelbergii</i> <i>Rech.f.</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flower, Leaf
Herb		<i>Cicerbita</i> <i>macrorrhiza (Royle)</i> <i>Beauverd</i>	Wild	Forest	Plenty	Rare	Fever	Whole part
Herb		<i>Conyza japonica</i> <i>(Thunb.) Less. ex</i> <i>DC.</i>	Wild	Forest	Plenty	Rare	Food flavouring	Aerial Part
Herb		<i>Cremanthodium</i> <i>decaisnei</i> <i>C.B.Clarke</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb		<i>Cremanthodium</i> <i>ellisii (Hook.f.)</i> <i>Kitam.</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb		<i>Crepis sancta L.</i> <i>(Bornm)</i>	Wild	Forest	Plenty	Rare	Edible, salad	Leaves

Herb		<i>Erigeron bellidioides</i> (Buch.-Ham. ex D. Don) Benth. C. B. Clarke	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Erigeron multiradiatus</i> (Lindl. ex DC.) Benth. ex C. B. Clarke	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Gnaphalium stewartii</i> C.B. Clarke	Wild	Forest	Plenty	Rare	Sciatica, Rh pain	Leaves, Flowers
Herb	Sunflower	<i>Helianthus annuus</i> L.	Cultivated	Forest	Plenty	Rare	High fever, snake bite	Leaf, Seed
Herb		<i>Jurinea ceratocarpa</i> (Dcne.)	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb		<i>Jurinea macrocephala</i> DC.	Wild	Forest	Plenty	Rare	Cancer, Arthrites	Leaves, Flowers

Herb		<i>Lactuca dolichophylla</i> Kitam.	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb		<i>Ligularia amplexicaulis</i> DC.	Wild	Forest	Plenty	Rare	Vomiting from indigestion	Leaves, Flowers
Herb		<i>Onopordum acanthium</i> L.	Wild	Forest	Plenty	Rare	Anti-inflammatory, Anti-tumor,	Roots, stem
Herb		<i>Saussurea costus</i> (Falc.) Lipsch.	Wild	Forest	Plenty	Rare	Treating worm(<i>Nemotode</i>), Asthma, Cough, cold & Gas	Roots
Herb		<i>Saussurea gnaphalodes</i> (Royle) Sch. Bip.	Wild	Forest	Plenty	Rare	Inflammation, heart diseases, & liver diseases	Whole part
Herb		<i>Saussurea gossypiphora</i> D. Don	Wild	Forest	Plenty	Rare	Inflammation, heart diseases, & liver diseases	Whole part

Herb		<i>Saussurea glacialis</i> Herder	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Saussurea</i> <i>hypsipeta</i> Diels ex H.Limpr.	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Saussurea</i> <i>taraxacifolia</i> Wall. ex DC.	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Scorzonera virgata</i> DC.	Wild	Forest	Plenty	Rare	Traditional Medicines	Flower
Herb		<i>Senecio</i> <i>chrysanthemoides</i> DC.	Wild	Forest	Plenty	Rare	Dysentery,infections,Rh,Cancer,Asthma	Whole part
Herb		<i>Sonchus asper</i> (L.) Hill	Wild	Forest	Plenty	Rare	Anti-bacterial & Anti-fungal	Leaves

Herb		<i>Tanacetum dolichophyllum Kitam.</i>	Wild	Forest	Plenty	Rare	Fever, migrana, headache, Rh	Flowers
Herb		<i>Tanacetum tibeticum Hook.f. & Thomson</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flowers
Herb		<i>Tussilago farfara L.</i>	Wild	Forest	Plenty	Rare	Disorder of the respiratory tract, skin, cold	Leaf
Herb		<i>Waldheimia glabra (Decne.) Regel</i>	Wild	Forest	Plenty	Rare	Influenza virus & anti complementry extract	Leaves, Flowers
Herb		<i>Waldheimia tomentosa (Decne.) Regel</i>	Wild	Forest	Plenty	Rare	Stomach ache problem	Leaves, Flowers
Herb		<i>Youngia japonica (L.) DC.</i>	Wild	Forest	Plenty	Rare	Boils & snake bites	Leaves, Flowers

Herb		<i>Rhodiola heterodonta</i> (Hook. f. & Thomson) Boriss.	Wild	Forest	Plenty	Rare	Anxiety, fituge & dipression	Rhizomes
Herb		<i>Rhodiola wallichiana</i> (Hook.) S.H. Fu	Wild	Forest	Plenty	Rare	Anxiety, fituge & dipression	Leaves, Flowers
Herb		<i>Rosularia alpestris</i> (Kar. & Kir.) Boriss.	Wild	Forest	Plenty	Rare	Ornamental garden plants, Traditional Medicines	Whole part
Climber		<i>Cucumis sativus</i> L.	Cultivated	Forest	Plenty	Rare	Blemished skin, heart rash, burns, sores	Whole part
Climber		<i>Cucurbita pepo</i> L.	Cultivated	Forest	Plenty	Rare	Anti inflamentry, anti viral, anti ulcer	Whole part
Shrub		<i>Datisca cannabina</i> L.	Wild	Forest	Plenty	Rare	Treatment of Rh	Root

Herb		<i>Equisetum arvense</i> L.	Wild	Forest	Plenty	Rare	Stop bleeding, heal ulcer & wounds	Whole part
Shrub		<i>Gaultheria trichophylla</i> Royle	Wild	Forest	Plenty	Rare	Anti oxidant & anti inflamentry	Whole part
Herb		<i>Euphorbia cornigera</i> Boiss.	Wild	Forest	Plenty	Rare	Breathing disorders including asthma, bronchitis	Leaves, Flowers
Herb		<i>Euphorbia thomsoniana</i> Boiss.	Wild	Forest	Plenty	Rare	Breathing disorders including asthma, bronchitis	Leaves, Flowers
Tree		<i>Quercus baloot</i> Griff.	Wild	Forest	Plenty	Rare	Anti bacterial potential	Whole part
Tree		<i>Quercus semecarpifolia</i> Sm.	Wild	Forest	Plenty	Rare	Diarrhoea, dysentry	Whole part

Herb		<i>Gentiana cachemirica Decne.</i>	Wild	Forest	Plenty	Rare	Digestion problem	Leaves, Flowers
Herb		<i>Gentiana ornata (D.Don) Wall. ex Griseb.</i>	Wild	Forest	Plenty	Rare	Diarrhoea, dysentry	Leaves, Flowers
Herb		<i>Gentiana phyllocalyx C.B Clarke</i>	Wild	Forest	Plenty	Rare	Diarrhoea, dysentry	Leaf, sepal
Herb		<i>Gentiana tianschanica Rupr. ex Kusun.</i>	Wild	Forest	Plenty	Rare	Digestion problem	Whole part
Herb		<i>Gentianella moorcroftiana (Wall. ex Griseb.) Airy Shaw</i>	Wild	Forest	Plenty	Rare	Cold cough, nausea	Leaf
Herb		<i>Jaeschkea oligosperma Knobl.</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part

Herb		<i>Swertia ciliata</i> (D. Don ex G. Don) B.L. Burtt	Wild	Forest	Plenty	Rare	Skin diseases, cancer	Whole part
Herb		<i>Swertia petiolata</i> Royle ex D. Don	Wild	Forest	Plenty	Rare	Inflammation of the liver & high blood pressure	Whole part
Herb		<i>Swertia speciosa</i> G. Don	Wild	Forest	Plenty	Rare	Asthma, liver disorder	Root
Herb		<i>Erodium cicutarium</i> L. (L.) Her	Wild	Forest	Plenty	Rare	Typhoid, fever	Whole part
Herb		<i>Geranium lambertii</i> Sweet	Wild	Forest	Plenty	Rare	Skin problem, reduces strss	Dried leaves
Herb		<i>Geranium himalayense</i> Klotzsch	Wild	Forest	Plenty	Rare	Garden uses, beds & borders	Whole part

Herb		<i>Geranium nepalense Sweet</i>	Wild	Forest	Plenty	Rare	Nervous diseases, pains, Rh	Whole part
		<i>Geranium pusillum L.</i>		Forest	Plenty	Rare	Used as an Anodyne, Astringent	Whole part
Herb		<i>Geranium rotundifolium L.</i>	Wild	Forest	Plenty	Rare	Used as an Anodyne, Astringent	Whole part
Herb		<i>Geranium wallichianum D.Don ex Sweet</i>	Wild	Forest	Plenty	Rare	Peptic ulcers, cure toothache	Whole part
Shrub		<i>Ribes nigrum L.</i>	Wild	Forest	Plenty	Rare	Useful in allergy, fatigue, rhinitis	Whole part
Shrub		<i>Ribes himalense Royle ex Decne.</i>	Wild	Forest	Plenty	Rare	Used as food & medicine	Fruit

Herb		<i>Hypericum japonicum</i> Thunb.	Wild	Forest	Plenty	Rare	Asthama & dycenty	Leaves, Flowers
Shrub		<i>Philadelphus tomentosus</i> wall ex G. Don	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb		<i>Ajuga integrifolia</i> Buch.-Ham.	Wild	Forest	Plenty	Rare	Diarrhea, Malaria	Leaf
Herb		<i>Clinopodium vulgare</i> L.	Wild	Forest	Plenty	Rare	Overcome weak digestion	leaves
Herb		<i>Elsholtzia ciliata</i> (Thunb.) Hyl.	Wild	Forest	Plenty	Rare	Common cold, fevers, headache	Whole part
Shrub		<i>Isodon rugosus</i> (Wall. ex Benth.) Codd	Wild	Forest	Plenty	Rare	Tooth ache, gastric pain,	Whole part

Herb		<i>Lamium album L.</i>	Wild	Forest	Plenty	Rare	Abnormal vaginal discharge, & to relieve painful periods	Leaves, Flowers
Herb		<i>Leonurus cardiaca L.</i>	Wild	Forest	Plenty	Rare	Gynecological afflictions	Seed
Herb		<i>Mentha arvensis L.</i>	Wild	Forest	Plenty	Rare	Diarrhea & Dysentery, stomach problem	Leaves
Herb		<i>Nepeta connata Royle ex Benth.</i>	Wild	Forest	Plenty	Rare	Dysentery,,Teeth troubles	Leaves
Herb		<i>Nepeta leucophylla Benth.</i>	Wild	Forest	Plenty	Rare	Dysentery,,Teeth troubles	Leaves
Herb		<i>Phlomis bracteosa Royle ex Benth.</i>	Wild	Forest	Plenty	Rare	Bone fractures, sinus congestion, indigestion	Leaves, Flowers

Herb		<i>Salvia campanulata</i> Wall. ex Benth.	Wild	Forest	Plenty	Rare	Gout, Rh, Diarrhea	Leaves, Flowers
Herb		<i>Astragalus candolleanus</i> Benth.	Wild	Forest	Plenty	Rare	Analgesic, nutritive	Leaves, Root
Herb		<i>Astragalus chlorostachys</i> Lindl.	Wild	Forest	Plenty	Rare	Immune tonifying, lung tonic	Dried root
Herb		<i>Astragalus frigidus</i> (L.) A.Gray	Wild	Forest	Plenty	Rare	Immune tonifying, lung tonic	Dried root
Shrub		<i>Indigofera hebetata</i> Baker	Wild	Forest	Plenty	Rare	Edible	Fruit, flower
Herb		<i>Lotus corniculatus</i> L.	Wild	Forest	Plenty	Rare	Anti-inflammatory, Skin inflammation	Flowers

Shrub		<i>Robinia pseudoacacia L.</i>	Wild	Forest	Plenty	Rare	Wounds, Pain reliever	Dried leaves
Herb		<i>Trifolium pratense L.</i>	Wild	Forest	Plenty	Rare	Antispasmodic, Anti-inflammatory	Leaves flower
Herb		<i>Trifolium repens L.</i>	Wild	Forest	Plenty	Rare	Gout, Cough, Eyewash	Leaves flower
		<i>Vicia rigidula Royle</i>		Forest	Plenty	Rare	Weight loss	Leaves flower
Herb		<i>Fritillaria roylei Hook.</i>	Wild	Forest	Plenty	Rare	Anti-Asthmatic, Anti- Rh	Root
Herb		<i>Gagea lutea</i>	Wild	Forest	Plenty	Rare	Used as food	Bulbs, leaves

Herb		<i>Lilium polyphyllum</i> <i>D.Don</i>	Wild	Forest	Plenty	Rare	Diuretic, Anti-pyruetic	Bulbs
Herb		<i>Tulipa clusiana</i> <i>DC.</i>	Wild	Forest	Plenty	Rare	Edible as oil	Whole part
Herb		<i>Lavatera</i> <i>cachemiriana</i> <i>Cambess.</i>	Wild	Forest	Plenty	Rare	Throat problem, mild laxative	Leaf, Flower
Tree		<i>Ficus carica L.</i>	Wild	Forest	Plenty	Rare	Respiratory problems, Anti-inflammatory	Fruit, leaves
Tree		<i>Morus alba L.</i>	Wild	Forest	Plenty	Rare	Asthma, Bronochits	Bark
Climber		<i>Jasminum humile</i> <i>L.</i>	Wild	Forest	Plenty	Rare	Heart bowels, Astringent	Roots, Flower

Climber		<i>Jasminum officinale L.</i>	Wild	Forest	Plenty	Rare	Hepatitis,Diarrhea, Cancer treatment	Flower
Shrub		<i>Syringa emodi Wall. ex. Royle.</i>	Wild	Forest	Plenty	Rare	Stomach treatment,instential problems	Seed, Fruit
Herb		<i>Epilobium angustifolium L.</i>	Wild	Forest	Plenty	Rare	Anti- septic, ulcers,inflammation	Whole part
Herb		<i>Epilobium latifolium L.</i>	Wild	Forest	Plenty	Rare	Analgesic,Antidote	Whole part
		<i>Epilobium royleanum Hausskn.</i>	Wild	Forest	Plenty	Rare	Treatment & prostate bladder	Whole part
Herb		<i>Calanthe tricarinata Lindl.</i>	Wild	Forest	Plenty	Rare	Asthma, Coughing	Leaves flower

Herb		<i>Cypripedium cordigerum D.Don</i>	Wild	Forest	Plenty	Rare	Fever, Backache	Fruit
Herb		<i>Epipactis helleborine (L.) Crantz</i>	Wild	Forest	Plenty	Rare	Ornamental use	Flower
		<i>Epipactis royleana Lindl.</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flower
Herb		<i>Herminium josephi Rchb.f.</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flower
Herb		<i>Euphrasia himalayica Wettst.</i>	Wild	Forest	Plenty	Rare	Calms stressed & tired eyes	Aerial part
Herb		<i>Orobanche alba Stephan</i>	Wild	Forest	Plenty	Rare	Digestive problem	Roots

Herb		<i>Pedicularis bicornuta</i> Klotzsch	Wild	Forest	Plenty	Rare	Local medicine	Flowers
Herb		<i>Pedicularis cheilanthifolia</i> Schrenk	Wild	Forest	Plenty	Rare	Skeletal muscle relaxant	Fresh leaves
Herb		<i>Pedicularis punctata</i> Decne.	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Pedicularis pyramidata</i> Royle ex Benth.	Wild	Forest	Plenty	Rare	Pharmacy uses	Leaves, Flowers
Herb		<i>Corydalis cornuta</i> Royle	Wild	Forest	Plenty	Rare	Wild sedative & tranquilizer	Tuber & roots
Herb		<i>Corydalis meifolia</i> Wall	Wild	Forest	Plenty	Rare	Depression, Mental Disorder	Tuber & roots

Herb		<i>Corydalis stewartii Fedde</i>	Wild	Forest	Plenty	Rare	Stomach problem	Tuber & roots
Herb		<i>Papaver argemone L.</i>	Wild	Forest	Plenty	Rare	Tumors,warts, skin diseases	Whole part
Herb		<i>Wulfenia amherstiana Benth.</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Shrub		<i>Arundo donax L.</i>	Wild	Forest	Plenty	Rare	Basket making, Diuretic, Diaphroetic	Grass
Herb		<i>Bothriochloa ischaemum (L.) Keng</i>	Wild	Forest	Plenty	Rare	Agro-forestry use	Grass
Herb		<i>Bromus catharticus Vahl</i>	Wild	Forest	Plenty	Rare	Agro-forestry use	Grass

Herb		<i>Carex nivalis Boott</i>	Wild	Forest	Plenty	Rare	Economical use	Grass
Herb		<i>Cymbopogon jwarancusa</i>	Wild	Forest	Plenty	Rare	Blood diseases,skin,Burning, vomiting	Whole part
Herb		<i>Dichanthium annulatum (Forsk.) Stapf</i>	Wild	Forest	Plenty	Rare	Hypertension, Anti-ulcer	Whole part
Herb		<i>Eleusine coracana (L.) Gaertn.</i>	Cultivated	Forest	Plenty	Rare	Liver disorder, smallpox	Whole part
Herb		<i>Festuca rubra L.</i>	Wild	Forest	Plenty	Rare	Ornamental grass, Used as food	Grass
Herb		<i>Hierochloe laxa Hook. f</i>	Wild	Forest	Plenty	Rare	Sore throat, fever , Cough	Leaves, stem

Herb		<i>Hordeum vulgare L.</i>	Cultivated	Forest	Plenty	Rare	Emollient febrifuga,& stoamachic	Whole part
Herb		<i>Juncus thomsonii Bucheanu</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Kobresia pygmaea C.B Clarke</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Oryza sativa L.</i>	Cultivated	Forest	Plenty	Rare	Poor appetite,indigestion bloating	Seeds
Herb		<i>Pennisetum flaccidum Griseb.</i>	Wild	Forest	Plenty	Rare	Fooder,Traditional medicines	Whole part
Herb		<i>Phehum alpinum</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part

Herb		<i>Poa koelzii Bor</i>	Wild	Forest	Plenty	Rare	Inflammation of kidney	Leaves
Herb		<i>Setaria viridis (L.) P.Beauv.</i>	Wild	Forest	Plenty	Rare	Diuretic,Emollient febrifuge	Leaves seeds
Herb		<i>Triticum aestivum L.</i>	Cultivated	Forest	Plenty	Rare	Anti-oxidant, Astringent,laxative	Whole part
Herb		<i>Zea mays L.</i>	Cultivated	Forest	Plenty	Rare	Bladder infection,prostrate issue	Corn silk
Herb		<i>Polemonium caeruleum L.</i>	Wild	Forest	Plenty	Rare	Headache ,fever,	Whole part
Herb		<i>Polygonaceae</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part

Herb		<i>Fagopyrum esculentum Moench</i>	Cultivated	Forest	Plenty	Rare	Anti-cancer, Anti-stress	Whole part
Herb		<i>Fagopyrum tataricum (L.) Gaertn.</i>	Cultivated	Forest	Plenty	Rare	Medicinal food, Ethno-medicinal uses	Roots, flower
Herb		<i>Persicaria alpina (All.) H.Gross</i>	Wild	Forest	Plenty	Rare	Treatment of sore throat & loose gum	Roots
Herb		<i>Persicaria capitata (Buch.-Ham. ex D.Don) H.Gross</i>	Wild	Forest	Plenty	Rare	Urological disorder	Whole part
Herb		<i>Persicaria amplexicaulis (D.Don) Ronse Decr.</i>	Wild	Forest	Plenty	Rare	Constipation, Common cold	Leaves, Stem
Herb		<i>Persicaria nepalensis (Meisn.) Miyabe</i>	Wild	Forest	Plenty	Rare	Anti- bacterial, Anti-fungal	Leaves, Root

Herb		<i>Persicaria vivipara</i> (L.) Ronse Decr.	Wild	Forest	Plenty	Rare	Traditional Medicines	Root
Herb		<i>Persicaria wallichii</i> Greuter & Burdet	Wild	Forest	Plenty	Rare	Menstrual bleeding & urine bleeding	Whole part
Herb		<i>Polygonum affine</i> D. Don	Wild	Forest	Plenty	Rare	Diarrhea, Throat infections	Roots
Herb		<i>Rheum spiciforme</i> Royle	Wild	Forest	Plenty	Rare	oxidative stress	Whole part
Herb		<i>Rheum webbianum</i> Royle	Wild	Forest	Plenty	Rare	Renal function disorders, Cancer	Whole part
Herb		<i>Rumex acetosa</i> L.	Wild	Forest	Plenty	Rare	Diuretic, Astringent, laxative	Leaves

Herb		<i>Rumex nepalensis Spreng.</i>	Wild	Forest	Plenty	Rare	Astringent, Astringent	Leaves
Herb		<i>Androsace mucronifolia Watt</i>	Wild	Forest	Plenty	Rare	Folk medicines	Flower
Herb		<i>Androsace muscoidea Duby</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Flower
Herb		<i>Androsace primuloides Duby</i>	Wild	Forest	Plenty	Rare	Local use of medicines, ornamental use	Leaves, Flowers
Herb		<i>Cortusa brotheri Pax ex Lipsky</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Leaves, Flowers
Herb		<i>Primula stuartii Wall</i>	Wild	Forest	Plenty	Rare	Analgesic, Cold, Diuretic	Leaves, Flowers

Shrub		<i>Rhamnus virgata Roxb</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Fruit
Shrub		<i>Ziziphus oxyphylla Edgew.</i>	Wild	Forest	Plenty	Rare	Allergy, Microbial infections	Whole part
Herb		<i>Aconitum rotundifolium Kar. & Kir.</i>	Wild	Forest	Plenty	Rare	Used as Arrow poisons	Roots
Herb		<i>Aconitum violaceum Jacquem.</i>	Wild	Forest	Plenty	Rare	Antidote, Anti-inflammatory	Whole part
Herb		<i>Actaea spicata L.</i>	Wild	Forest	Plenty	Rare	Snake bite, Nervous disoredr	Roots
Herb		<i>Adonis chrysocyathus Hook.f. & Thomson</i>	Wild	Forest	Plenty	Rare	Anti-oxidant, Anti-inflammatory	Whole part

Herb		<i>Anemone rivularis</i> Buch.-Ham. ex DC.	Wild	Forest	Plenty	Rare	Anti-anemic & vermifuge	Leaf
Herb		<i>Aquilegia fragrans</i> Benth.	Wild	Forest	Plenty	Rare	Sedative, Diarrhea,jaundice	Whole part
Herb		<i>Aquilegia nivalis</i> Falc. ex B. D. Jacks.	Wild	Forest	Plenty	Rare	Cough & Cold	Rhizomes
Herb		<i>Delphinium</i> <i>brunonianum</i> Royle	Wild	Forest	Plenty	Rare	Local Medicines,Usee as oil	Whole part
Herb		<i>Delphinium</i> <i>cashmerianum</i> Royle	Wild	Forest	Plenty	Rare	Intestinal worms,insomia	Roots
Herb		<i>Delphinium</i> <i>vestitum</i> Wall. ex Royle	Wild	Forest	Plenty	Rare	Cuts ,Dysentry, Rh,Ulcers	Leaves

Herb		<i>Paraquilegia microphylla</i> (Royle) J.R. Drumm. & Hutch.	Wild	Forest	Plenty	Rare	Traditional Medicines	Aerial part
Herb		<i>Ranunculus distans</i> Royle	Wild	Forest	Plenty	Rare	Anti-Rh, Intermittent fever	Leaves
Herb		<i>Ranunculus hirtellus</i> Royle	Wild	Forest	Plenty	Rare	Curing swelling in testes	Leaves, Flowers
Herb		<i>Thalictrum cultratum</i> Wall.	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Thalictrum foliolosum</i> DC.	Wild	Forest	Plenty	Rare	Tonic diuretic, Snakebite, jaundice, Rh	Roots
Herb		<i>Thalictrum virgatum</i> Hook. & Thomson	Wild	Forest	Plenty	Rare	Fever, dysentery, Bloodshot eyes, sore throat	Root, Rhizomes

Herb		<i>Trollius acaulis</i> Lind.	Wild	Forest	Plenty	Rare	To make medicines	Whole part
Herb		<i>Acomastylis elata</i> (Wall. ex G. Don) F. Bolle	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part
Herb		<i>Agrimonia pilosa</i> Ledeb.	Wild	Forest	Plenty	Rare	Abdominal pain, sore throat, headache	Leaves
Tree		<i>Cydonia oblonga</i> Mill.	Cultivated	Forest	Plenty	Rare	Cancer, diabetes	Fruit seeds
Herb		<i>Duchesnea indica</i> (Andrews) Focke	Wild	Forest	Plenty	Rare	Used as fruit, antiseptic	Leaves, fruit
Herb		<i>Filipendula vestita</i> (Wall. ex G. Don) Maxim.	Wild	Forest	Plenty	Rare	Stop bleeding, toothache	Root, leaves

Herb		<i>Geum urbanum L.</i>	Wild	Forest	Plenty	Rare	Treat problems mouth, throat	Rhizomes
Tree		<i>Malus domestica Borkh.</i>	Cultivated	Forest	Plenty	Rare	Heart deseases, high cholestrol	Fruit leaves
Herb		<i>Potentilla argrophylla Wall. ex Lehm.</i>	Wild	Forest	Plenty	Rare	Herbal remedy for inflammation & gastro intestinal disorder	Leaves, Flowers
Herb		<i>Potentilla argrophylla var. atrosanguinea (Lodd., G. Lodd. & W. Lodd.) Hook. f.</i>	Wild	Forest	Plenty	Rare	Herbal remedy for inflammation & gastro intestinal disorder	Leaves, Flowers
Herb		<i>Potentilla cuneata Wall. ex Lehm.</i>	Wild	Forest	Plenty	Rare	Diarrhea, menstraual bleeding	Leaves, Flowers
Herb		<i>Potentilla curviseta L.</i>	Wild	Forest	Plenty	Rare	Diarrhea	Leaves, Flowers

Herb		<i>Potentilla nepalensis</i>	Wild	Forest	Plenty	Rare	Anti diarrheal, digestive problem	Leaves, Flowers
Tree		<i>Prunus armeniaca L.</i>	Cultivated	Forest	Plenty	Rare	Asthama, cough, constipation	Flower
Tree		<i>Prunus avium (L.) L.</i>	Cultivated	Forest	Plenty	Rare	Cough, oedema, anaemia	Flower
Tree		<i>Cerasus vulgaris Mill.</i>	Cultivated	Forest	Plenty	Rare	Urinary tract infections	Fruit
Tree		<i>Prunus spinosa L.</i>	Cultivated	Forest	Plenty	Rare	Diaphoretic, diuretic, laxative	Whole part
Tree		<i>Prunus persica (L.) Stokes</i>	Cultivated	Forest	Plenty	Rare	Laxative, sedative & antiasthmatic	Seed, Flower

Tree		<i>Prunus prostrata</i> Labill.	Wild	Forest	Plenty	Rare	Cancer	Seed
Tree		<i>Pyrus pashia</i> Buch.-Ham. ex D. Don	Cultivated	Forest	Plenty	Rare	Fever, headache, laxative	Fruit
Shrub		<i>Rosa cymosa</i> Tratt.	Cultivated	Forest	Plenty	Rare	Diarrhea, Rh	Roots, Fruit
Herb		<i>Sibbaldia cuneata</i> Hornem. ex Kuntze	Wild	Forest	Plenty	Rare	Respiratory problems	Stem, flower
Shrub		<i>Sorbaria tomentosa</i> (Lindl.) Rehder	Wild	Forest	Plenty	Rare	Dysentery	Leaves, Flower
Shrub		<i>Spiraea bella</i> Sims	Wild	Forest	Plenty	Rare	Antiseptic, aromatic, anti inflammatory	Stem

Tree		<i>Populus ciliata</i> <i>Wall. ex Royle</i>	Wild	Forest	Plenty	Rare	Making boxes for packing purposes, furniture & cross beams	Whole part
Shrub	White/ Kashmir willow	<i>Salix alba L.</i>	Wild	Forest	Plenty	Rare	Cold, fever & joint pains	Bark, Stem
Herb		<i>Salix calyculata</i> <i>Hook. f. ex Andersson</i>	Wild	Forest	Plenty	Rare	Anti cancer activity agent	Bark, Stem
Tree		<i>Acer cappadocicum</i> <i>Gled.</i>	Wild	Forest	Plenty	Rare	Used its wood, ornamental	Whole part
Tree		<i>Acer acuminatum</i> <i>Wall. ex D.Don</i>	Wild	Forest	Plenty	Rare	Treatment of Rh, Brusis, eye disease & pain	Root, Flower
		<i>Saxifraga caveana</i> <i>W.W. Sm</i>		Forest	Plenty	Rare	Anti inflamentry, diaphoretic, diuretic	Whole part

Herb		<i>Saxifraga flagellaris Willd.</i>	Wild	Forest	Plenty	Rare	Wounds & other minor skin injuries	Stem, flower
Herb		<i>Saxifraga sibirica L.</i>	Wild	Forest	Plenty	Rare	Herbal medicines	Leaves, flower
Herb		<i>Veronica anagallis-aquatica</i>	Wild	Forest	Plenty	Rare	Scurvy, impurity of the blood	Root, leaves
Herb		<i>Veronica laxa Benth.</i>	Wild	Forest	Plenty	Rare	Respiratory problems, wound healing	Stem, flower
Herb		<i>Veronica persica Poir.</i>	Wild	Forest	Plenty	Rare	Rh, hernia, wound healing	Seed, leaves
Herb		<i>Lagotis cashmeriana Rupr.</i>	Wild	Forest	Plenty	Rare	Medicinal use of plants by the nomadic & migratory gujjars	Leaves, flower

Herb		<i>Lycopersicon esculentum Mill.</i>	Cultivated	Forest	Plenty	Rare	Protect from heart attack, burns , salads	Seed, fruit
Herb		<i>Physochlaina praealta (Decne.) Miers</i>	Wild	Forest	Plenty	Rare	Asthma, chronic bronochits, abdominal pain	Stem, root
Herb		<i>Solanum nigrum L.</i>	Wild	Forest	Plenty	Rare	Dysentery, stomach complaints, fever tonic, laxative	Leaves, fruit
Herb		<i>Solanum tuberosum L.</i>	Cultivated	Forest	Plenty	Rare	Peptic ulcers, relief from pain & acidity	Whole part
Tree		<i>Taxus wallichiana Zucc.</i>	Wild	Forest	Plenty	Rare	Common cold, Cough, Fever & pain	Bark, Leaves
Shrub		<i>Daphne mucronata Royle</i>	Wild	Forest	Plenty	Rare	Skin diseases, ,cancer & Rh	Leaves, fruit

Herb		<i>Girardinia diversifolia (Link) Friis</i>	Wild	Forest	Plenty	Rare	Constipation , Headache, & swollen juice	Leaves, fruit	
Herb		<i>Pilea umbrosa Blume</i>	Wild	Forest	Plenty	Rare	Traditional Medicines	Whole part	
Herb		<i>Viola biflora L.</i>	Wild	Forest	Plenty	Rare	Anti-inflammatory, Laxative	Whole part	
Herb		<i>Viola canescens Wall.</i>	Wild	Forest	Plenty	Rare	Cough,cold, flu,fever & Malaria	Root, leaves	
Climber		<i>Vitis vinifera L.</i>	Wild	Forest	Plenty	Rare	Natural Anti-oxidant	Fruit, leaves	
Herb	Guggi Van	<i>Pleurospermum candollei</i>	Wild	Forest	Plenty	Rare	Used in folk medicines	Whole part	

Format-19 : Wild Plant Species of Importance.

1	2	3	4	5	6
S. No.	Local Name	Scientific Name	Variety	Importance (as economic, social, cultural etc.)	Status
1	Dhoop	<i>Jurinea dolomiaea</i>	Herb	Economic, social, cultural	Used in aromatics and found in abundance
2	Gucchi	<i>Morchella esculanta</i>	Mashroom	Economic	Fungus. Collected during April-May having high market value
3	Jungli Pudina	<i>Mentha</i>	Herb	Social	Used a spice
4	Kasroad	<i>Pteridium aquilinum</i>	Herb	Economic, social, cultural	Used as vegetable and found in wild from April to May
5	Nagchattri	<i>Trillium govanianum</i>	Heb	Economic	Collected from the forest on the tender has got high market value
6	Pastul	<i>Taxus baccata</i>	Tree	Economic, social, cultural	Heving Medicinal value used for treatment of Cancer

Format 20: Aquatic Biodiversity

1	2	3	4	5	6		7	8	9	10
Local Name	Scientific Name	Variety	Features	Habitat	Local Status		Uses	Associated TK	Other details	Community / Knowledge Holder
					Past	Present				
Frog (Mundak)	<i>Rana tigrana</i>	-	Long very powerful back led and web feet	Pond/river	Plenty	Rare	Important role in food chain	Frog are natures pharmacy and provide a very efficient transfer of solar energy	Maintain food chain and food wed.	Locals
Brown Trout	<i>Salmon truta fario spp.</i>	Introduced	Back side brownish in color, side are olive with blotted black spots few scattered red spots, two dorsal fins present, 1 st having soft rays and 2 nd one adipose body elongated somehow compressed very small teeth present	Cold Pockets, snow fed areas	Plenty	Plenty	Food	Commercially important Fish food and sports	Mode of catching hand net availability round the year & breeding season December to February	Anglers and fisheries department
Watercress (Nag Biber)	<i>Nasturtium officinale</i>	Aquatic flowering plant	Rapid growing perennial plant	Pond / watery place	Plenty	Plenty	As vegetable	Oldest known leaf vegetables consumed by human	Its high content of Vitamin C makes it remedy such that particular valuable for chronic illnesses	Locals
Maiden hair (Ghvtheer)	<i>Adiantum caudatum</i>	Aquatic Grass	It is a perennial fern producing fronds	Found in shaded areas	Plenty	Plenty	As vegetable	Rich in vitamin-B	It is used n the treatment of chest infection, cough, diabetes, fever and skin disease	Locals

Format-21 : Wild Aquatic Plant Species of Importance.

1	2	3	4	5	6
S. No.	Local Name	Scientific Name	Variety	Importance	Trends
1	-----Nil-----				
2					
3					

Format-22 : Wild Plants of Medicinal Importance.

1	2	3	4	5	6		7	8	9	10	11
Plant (Herb, Shrub, Tree)	Local Name	Scientific Name	Variety	Landscape/ Habitat	Local status		Associated TK	Uses (usage)	Part used	Other details market/ own use	Community Knowledge Holder
					Past	Present					
	Banafsha	<i>Violaserpen wallich</i>	Herb		Common	Common		Medicinal use	whole plant/preferably flower		
	Bankakri	<i>Podophyllum hexandrum</i>	Herb			Endangered		Medicinal use	Root/Rhizomes		
	Belladona	<i>Atropa belladona</i>	Herb			Threatened		Medicinal use	Root/Leaves		
	Bhang	<i>Cannbis sativa</i>	Herb			Common		Medicinal use	Leaves/seed		
	Chouri	<i>Angelica glauca</i>	Herb			Endangered		Medicinal use	Root/Rhizomes		
	Dhoop	<i>Jurinea dolomiaca</i>	Herb			Endangered		Aromatic	Root		
	Guchhi/Black Mashroom	<i>Morchella esculant</i>	Fungi		Seasonal Common	Seasonal Common		Edible mashroom. Highly nutrititonal and medicinal use	Entire Mushroom		
	Kour	<i>Picrorhiza kurrooa</i>	Herb			Rare & threatened		Medicinal use	Root/Rhizomes		

Medicinal Plants

Kanies	<i>Dioscorea deltoidea</i>	Herb
Kuth	<i>Saussurea lappa</i>	Herb
Kakarsinghi	<i>Pistacia intergerrima</i>	Herb
Kahzaban	<i>Macrotomia benthami</i>	Herb
Mushakballa	<i>Valeriana jatamansi</i>	Herb
Morin	<i>Artemisia maritima</i>	shurb
Nagchatri	<i>Trillium govaniaun</i>	Herb
Patis	<i>Aconitum heterophyium</i>	Herb
Panchalan	<i>Rheom australe</i>	Herb
Postul	<i>Taxus baccata</i>	Tree

Reserved/
Protected forest

	Common
	Endangered
	Common
	Common vulnerable
	Common
	Common vulnerable
	Threatened
	Sporadic
	Endangered

Local having good knowledge with respect to identification of the species and their uses.

Medicinal use	Rhizomes	
Medicinal use	Root	
Medicinal use	Leaves	
Medicinal use	Root	
Medicinal use	Root/Rhizomes	
Medicinal use	Leaves	
Medicinal use	Rhizomes	
Medicinal use	Roots/Tubers	
Medicinal use	Root/Bark	
Medicinal use	Bark/Leaves	

Zamindars living in the vicinity of the forest are well versed with the medicinal uses of NTFPs found in the forest

Zakhamahayat	<i>Saxifraga ligulata</i>	Herb	Common	Common	Medicinal use	Leaves	
Zera	<i>Cuminum cyminum</i>	Herb	Not so common	Not so common	Spices	Seed	

Format 23: Wild relatives of Crops

1	2	3	4	5		6	7	8	9	10
Local Name	Scientific Name	Associated crop	Landscape / Habitat	Local Status		Uses (usage)	Part Used	Associated TK	Other details	Community / Know holder
				Past	Present					
Datura	<i>Datura stramonium</i>	Apple, pear, all domestic crops	Low land valley/wild	Plenty	Plenty	Asthama	Leaves	Fruit, leaves & flowers are offered to Lord Shiva	Weed / Medicinal use	Local
Vanpraan	<i>Allium atropurpureum</i>	All agricultural crop	Mountainous region	Plenty	Rare	Food	Leaves and flowers	Medicinal value	Exotic plant used as vegetable	Local
Hund	<i>Taraxacum officinale</i>	Agricultural crop	Mountainous region/ Low land valley	Plenty	Plenty	Food	Leaves	Medicinal value	Used as vegetable	Local
Sochal	<i>Malva neglecta</i>	Agricultural crop	Mountainous region/ Low land valley	Plenty	Rare	Food	Leaves	Medicinal value	Used as vegetable	Local
Seski	<i>Artemisia vestita</i>	Agricultural crop	Low land valley/wild	Plenty	Plenty	Stomach diseases	Leaves	Used in stomach pain	NTPF / medicinal use	Local

Format 24: Ornamental Plants

1	2	3	4	5	6	7	8
Local Name	Scientific Name	Variety	Habitat	Commercial / Non-commercial Uses	Associated TK	Any other Detail	Community/ Knowledge Holder
Chinar	<i>Plantanus orientalis</i>	Broad leave	Govt./ private premises	Non-commercial	Provide cool shade and home for many birds	Leaves are used as kangri fuel	Locals
Sarva kull	<i>Cupressus cashmeriana</i>	Kashmiri cypress	Govt./ private premises	Non-commercial	Ornamental plant	Provides scenery/beauty of the area	Locals
Ier kull	<i>Salix alba</i>	Weeping willow	Govt./ private premises	Commercial	Provides scenery/beauty of the area	Used in making cricket bats	Locals
Safeda	<i>Populus</i>	Populus	Govt./ private premises	Commercial	Provides scenery/beauty of the area	Used in fruit packing industries	Locals
Gainda	<i>Tagetes erecta</i>	Local/wild	Home Garden	Non-commercial	Ornamental	Religious	Locals
Gulab	<i>Rose indica</i>	Local /wild	Home Garden	Non-commercial	Ornamental	Religious	Locals
Daliya	<i>Dahlia pinnata</i>	Local home plant	Home Garden	Non-commercial	Ornamental	Religious	Locals
Nargis	<i>Narcissus poeticus</i>	Local /wild	Home Garden	Non-commercial	Ornamental	Religious	Locals
chamely	<i>Jasminum</i>	Local /wild	Home Garden	Non-commercial	Ornamental	Religious	Locals

Format-25 : Fumigate/ Chewing Plants.

1	2	3	4	5	6		7	8	9	10	11
Plant (Herb, Shrub, Tree)	Local Name	Scientific Name	Variety	Habitat	Local status		Uses (usage)	Part used	Associated TK	Other details (mode of use)	Community Knowledge Holder
					Past	Present					
Herb	Sonf/ Bodiyana	<i>Foeniculum vulgare</i>	Broad Leaved	Low land	Plenty	lessAbundant	Constipation tractment	Seeds	Inhabitants have got knowledge w.r.t identification /common use of species	Bonafide purpose	Inhabitants of the area
	Jungli pudina	<i>Mentha longifolia</i>					Cooling medicine	Leaves			
Shrub	Bhang	<i>Cannabis sativa</i>					Do	leaves			
Herb	Dhoop	<i>Jurinea dolomiaea</i>					Religious/ cultural/Medicine				
Trees	Khor/Dun	<i>Juglanas regia</i>					Tooth ache	Leaves pericarp			
Shrub	Gurkass		Broad Leaved	Low land	Plenty	lessAbundant	Tooth ache	Leaves pericarp		Bonafide purpose	Inhabitants of the area
Trees	Willow	<i>Salix alba</i>	Broad Leaved	Low land	Plenty	lessAbundant	Tooth ache	Leaves pericarp		Bonafide purpose	Inhabitants of the area
Herb	chorak	<i>Angelica glauca</i>	Broad Leaved	Low land	Plenty	lessAbundant	To avoid insect damage to garments	Roots		Bonafide purpose	Inhabitants of the area

Format-26 : Timber Plants.

1	2	3	4		5	6	7	8
Local Name	Scientific Name	Habitat	Local status		Other Uses, if any	Associated TK	Other Details	Community Knowledge Holder
			Past	Present				
Akhroot	<i>Juglans regia</i>	Reserved/Protected /private land	Common	Common	Wood for furniture/edible fruit	Local Zamindars well acquainted		
Deodar	<i>Cedrus deodara</i>	Reserved/Protected	Common	Common	Timber			
Fir	<i>Abies pindrow</i>	Reserved/Protected	Common	Common	Timber			
Kail	<i>Pinus wallichiana</i>	Reserved/Protected	Common	Common	Timber			
Spruce	<i>Picea smithiana</i>	Reserved/Protected	Common	Common	Timber			

FORMAT 27 A:- Coastal and Marine Flora

Plant Type	Local name	Scientific name	Habitats	Local Status		Parts Collected (If any)	Commercial Uses (If any)	Other Uses	Associated TK	Community Know holder
				Past	Present					
Nil	Nill	Nill	Nill	Nill	Nill		Nill		Nill	Nill

FORMAT 27 B:- Coastal and Marine Fauna

Animal Type	Local name	Scientific name	Habitats	Local Status		Parts Collected (If any)	Commercial Uses (If any)	Other Uses	Associated TK	Community Know holder
				Past	Present					
Nil	Nil	Nil	Nil	Nil	Nil		Nil		Nil	Nil

Format-28 : Wild Animals (Mammals, Birds, Reptiles, Amphibia, Insects, others).

1	2	3	4	5	6	7		8	9	10	11	12
Animal Type	Local Name	Scientific Name	Habitat	Description	Session when seen	Local status		Uses (if any)	Associated TK	Mode of Hunting, collecting (if any)	Other details	Community Knowledge Holder
						Past	Present					
Mammal	Common leopard	<i>Panthera pardus</i>	Forest		Both summer/winter	Available	Available					
	Black bear	<i>Ursus amercians</i>	Forest		Do	Available	Available					
	Kashmir Musk deer	<i>Moschus cupreus</i>	Forest		Do	Available	Available					
	Red fox	<i>Vulpes vulpus</i>	Forest		Every season	Available	Available					
	Jungle cat	<i>Felis chaus</i>	Forest			Available	Available					
	Leapord cat	<i>Prionailurus bengalensis</i>	Forest		Do	Available	Available					
	Small indian mongoose	<i>Herpestes javanicus</i>	Forest		Do	Available	Available					
	Kashmir grey langoor	<i>Semnopithecus ajax</i>	Forest		Do	Available	Available					
	Black redstart	<i>Phoenicurus ochruros</i>	Every where		summer	Available	Available					
	Black tit	<i>Prarus rufonuchalis</i>	Do		Do	Available	Available					
	Black eared kite	<i>Milvus migrans</i>	Do		Do	Available	Available					

Amphibian	frog	<i>Rana tigrana</i>	Forest		Summer	Available	Available					
Insects	Honey Bee	<i>Apis domestica</i>	Forest		Every season	Available	Available					
	Tullur		Forest		Every season	Available	Available					
	Dendyan		Forest		Every season	Available	Available					
	Lamak		Forest		Every season	Available	Available					

Format-29 : Flora.

1	2	3	4	5	6	7
S. No.	Local Name	Scientific Name	Type of Plants	Habitat	Flowering Season	Remarks (Rare/ Common etc.)
1	Deodar	<i>Cedrus deodara</i>	Tree	Forest	September to October	Rare
2	kail	<i>Pinus wallichiana</i>	Tree	Forest	September to October	Rare
3	Mooiin	<i>Artemisa meritima</i>	Herbs	Forest	May June	Common
4	Phrast	<i>Populas alba</i>	Tree	Forest	March April	Rare
5	Walnut	<i>Juglans regia</i>	Tree	Forest	March April	Common
6	Brahmi	<i>Texux wallichiana</i>	Tree	Forest	September October	Common
7	Hum	<i>Fraxinus excelsior</i>	Tree	Forest	April May	Common
8	Gulab	<i>Rosa indica</i>	Shrub	Domesticated	April May	Common
9	Champ	<i>Alnus nitida</i>	Tree	Forest	April May	Common
10	Gugu	<i>Aesculus indica</i>	Tree	Forest	April May	Common
11	Apple	<i>Malus domesticus</i>	Tree	Domesticated	April May	Common
12	Bhojpatra	<i>Betula utilis</i>	Tree	Forest	April May	Common
13	Heru	<i>Quercus ilex</i>	Tree	Forest	April May	Common
14	Safeda	<i>Eucalyptus globulus</i>	Tree	Forest	April May	Common
15	Nashpati	<i>Pyrus communis</i>	Tree	Domesticated	April May	Common
16	Tulkul/Mulbary	<i>Morus alba</i>	Tree	Domesticated	April May	Common
17	Cher/Apricot	<i>Prunus domestica</i>	Tree	Domesticated	April May	Common
18	Chinar	<i>Platanus orientalis</i>	Tree	Domesticated	April May	Rare

Separate format should be used for road side plantation/ Parks and Gardens/ Housing estate/ Commercial buildings/ other institutional areas, Private club premises and also for Aquatic (water) habitat and Terrestrial (land) habitat.

Format-30 : Fauna.

1	2	3	4	5	6
S. No.	Local Name	Scientific Name	Type of Animals (Mammals/ Birds/ Fish/ Insect etc.)	Habitat	Remarks (Rare/ Common etc.)
1	leopard	<i>Panthera pardus</i>	Mammal	Forest	Rare
2	Black bear	<i>Ursus americanus</i>	Mammal	Do	Rare
3	Musk deer	<i>Moschus</i>	Mammal	Do	Rare
4	Wild goat	<i>Capra aegagrus</i>	Mammal	Do	Rare
5	Wild dog	<i>Lycaon pictus</i>	Mammal	Do	Rare
6	Wild fox	<i>Vulpes vulpes</i>	Mammal	Do	Common
7	Wild cat	<i>Felis silvestris</i>	Mammal	Do	Common
8	Wild shawl	<i>nudibranchs</i>	Mammal	Do	Common
9	Pintail	<i>Anas acuta</i>	Bird	Every where	Common
10	parrot	<i>Psittaciformes</i>	Bird	Do	Common
11	Pigeon	<i>Columbidae</i>	Bird	Do	Common
12	House Sparrow	<i>Passer domesticus</i>	Bird	Do	Common
13	Sparrow	<i>Passeridae</i>	Bird	Do	Common
14	crow	<i>Corvus</i>	Bird	Do	Common
15	Spider	<i>Araneae</i>	Insect	Do	Common
16	Butterfly	<i>Rhopalocera</i>	Insect	Do	Common
17	Bee	<i>Apis</i>	Insect	Do	Common
18	Beetle	<i>Coleoptera</i>	Insect	Do	Common
19	Mosquito	<i>Culicidae</i>	Insect	Do	Common
20	Fly	<i>Diptera</i>	Insect	Do	Common
21	Bedbug	<i>Cimex Letularius</i>	Insect	Do	Common

Format 31: Any other information of local importance

1	2	3
S. No.	Information of local importance	Remarks
1	Nil	
2		